

CEFS



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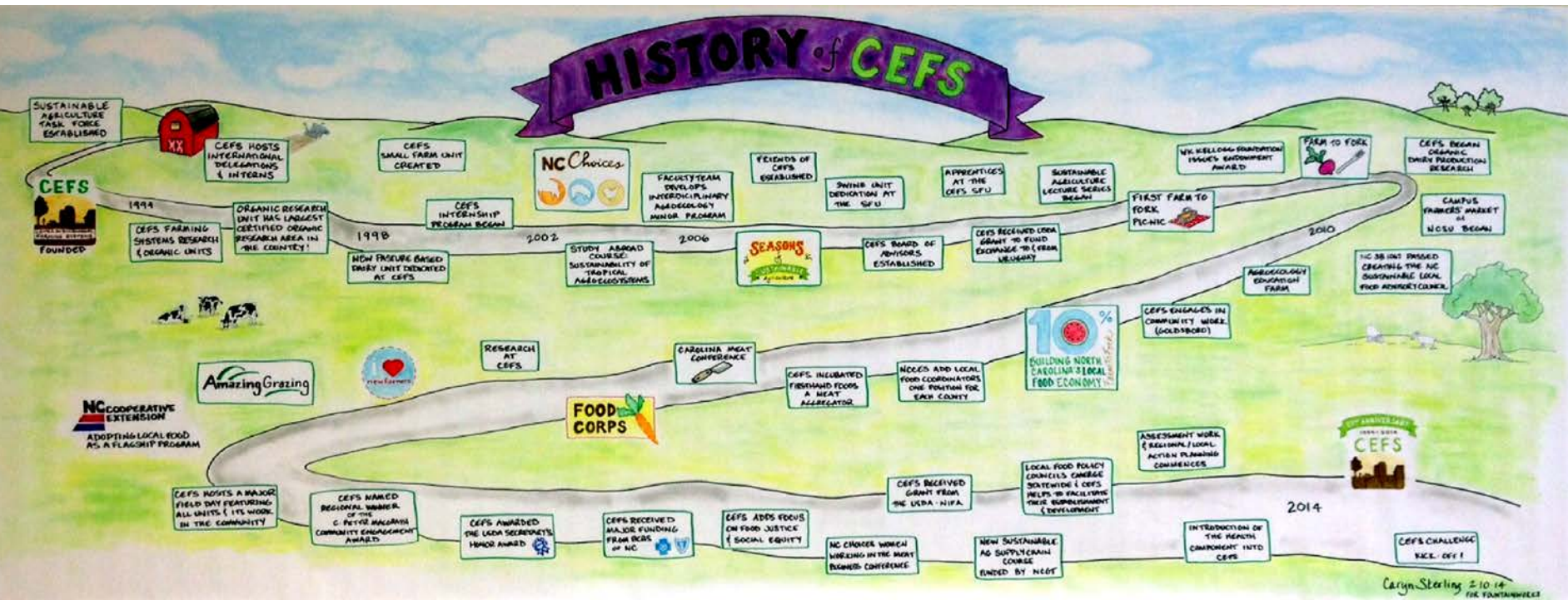
Sustainable Farms, Local Foods, Healthy Communities

CENTER FOR ENVIRONMENTAL FARMING SYSTEMS



Working Through Partnership to Develop Sustainable and Equitable Local Food Systems

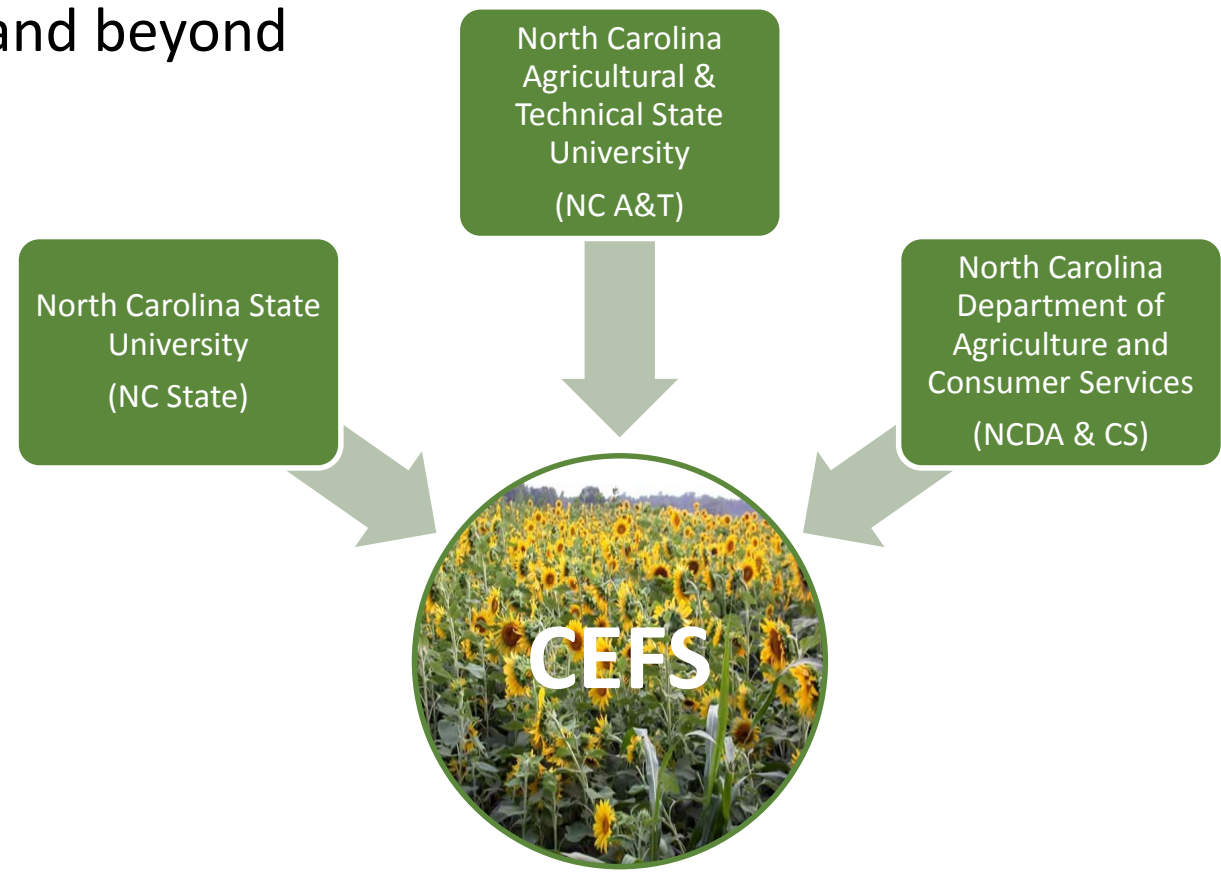
CEFS... A Journey & Broader Vision towards an Equitable and Sustainable Food System



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CEFS Beginning 24 years ago

Mission: To develop and promote agricultural systems that protect the environment, enhance rural and urban communities, and provide economic opportunities in North Carolina and beyond



Partnership Development



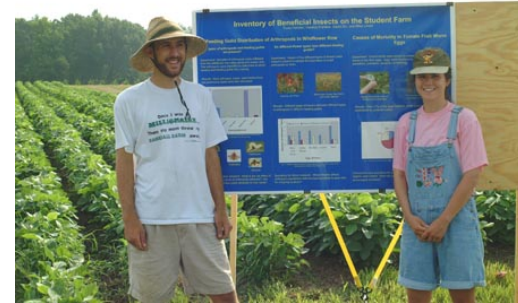
- NC State, NC A&T State University, NC Department of Agriculture and Consumer Services
- Influenced and inspired by partner groups



Other Core Partners



- **Agriculture Stakeholder Groups:**
Carolina Farm Stewardship Association, Rural Advancement Foundation International, American Livestock Breeds Conservancy, North Carolina Farm Bureau



Our Focus Areas



Research Farm



Academic



Education and Outreach

← Integrating Research, Education, and Extension →

Research Farm (This was CEFS!)

Each unit provides research opportunities for faculty as well as demonstration models and teaching tools for farmers, extension agents and students.



Farming Systems



Organic Research



Pasture-Based Dairy



Pasture-Based Beef



Small Farm



Alternative Swine Production

Addressing Complex and Interdisciplinary Problems

- A model for long-term, large-scale systems research directed toward agricultural sustainability. USDA SARE. 1997. (Mueller et al)
- Sustainability indicators as management tools to guide farmers, scientists, policy makers and the general public. USDA SARE. 2005. (Wossink et al).
- Demonstrating and supporting adoption of innovative conservation practices on outdoor hog production systems in North Carolina. USDA NRCS. 2007. (Morrow, et al)
- Assessment of the diversity of entomopathogens in vermicomposts and their potential as biological control agents for agricultural insect pests. NSF. 2009. (Cardoza, et al)
- Assessing the greenhouse gas mitigation potential of organic systems in the Southeast. USDA-NIFA. 2012. (Hu, et al)
- CEFS Long-Term Systems Research: Providing the Building Blocks for Resilient Food Production Systems. USDA SARE (2016-2018)

Embedded Academic, Extension and Outreach



Farm Apprenticeship Program



Summer Internship Program



Workshops and Training



Student Farm



Field Days

Our First Work with Food Systems



HOME PAGE TODAY'S PAPER VIDEO MOST POPULAR U.S. Edition ▼

The New York Times **U.S.**

WORLD U.S. N.Y. / REGION BUSINESS TECHNOLOGY SCIENCE HEALTH SPORTS OPINION

POLITICS EDUCATION TEXAS

Huge Spill of Hog Waste Fuels an Old Debate in North Carolina

Published: June 25, 1995

HAW BRANCH, N.C., June 24— The worst hog-waste spill in state history sent 25 million gallons of waste gushing into the New

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The 1996 Pulitzer Prize Winner in Public Service

on the environmental and health risks of waste disposal systems used in North Carolina's growing hog industry.

2000: Smithfield and the North Carolina attorney general strike a deal for the company to spend up to \$65 million on research for a replacement to hog-waste cesspools. Smithfield's cesspools overflowed during Hurricane Floyd in 1999.

NC Choices

- CEFS First Food Systems Project
- Work across the Supply Chain, from Farm to Fork to solve problems
- Funded by WK Kellogg Foundation



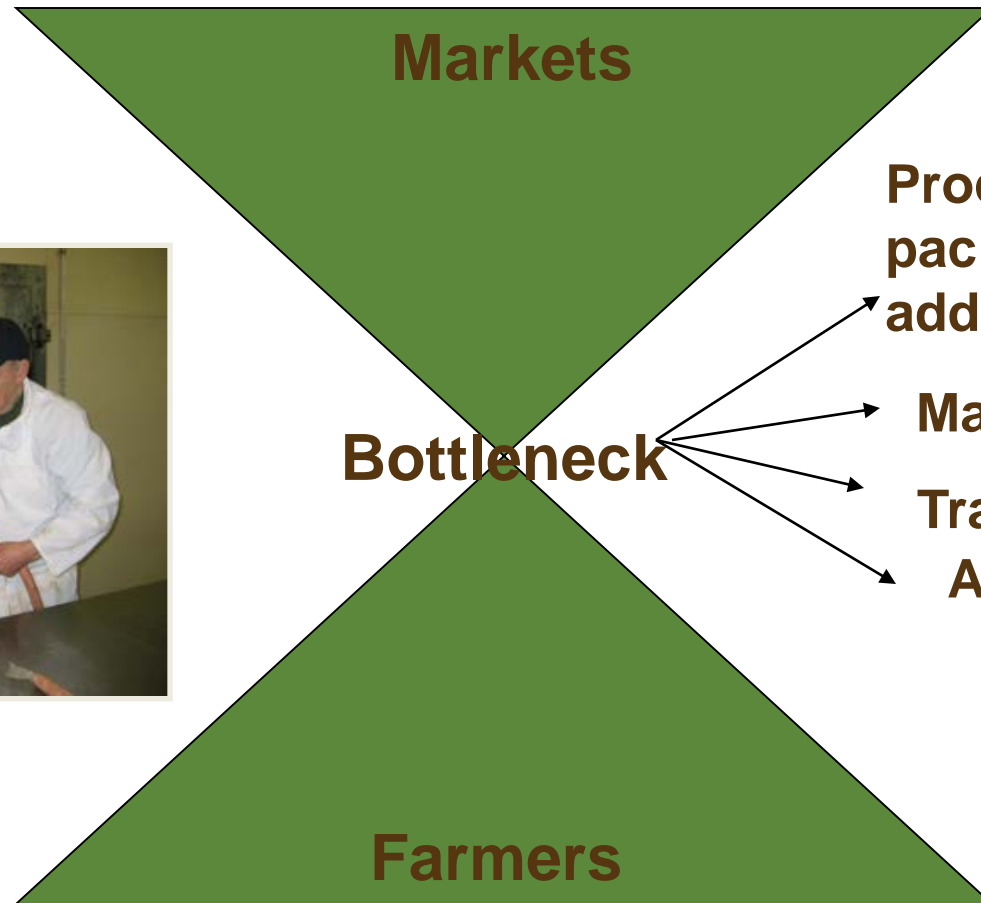
Partnerships Expanded Further



Environmental Defense Fund
Neuse River Foundation
North Carolina Coastal Federation
Sierra Club
Southern Environmental Law Center
Sustainable North Carolina



Local Meat Bottleneck: Processing, Aggregation, and Distribution





(M)EAT LOCAL BOX



CAROLINA MEAT CONFERENCE

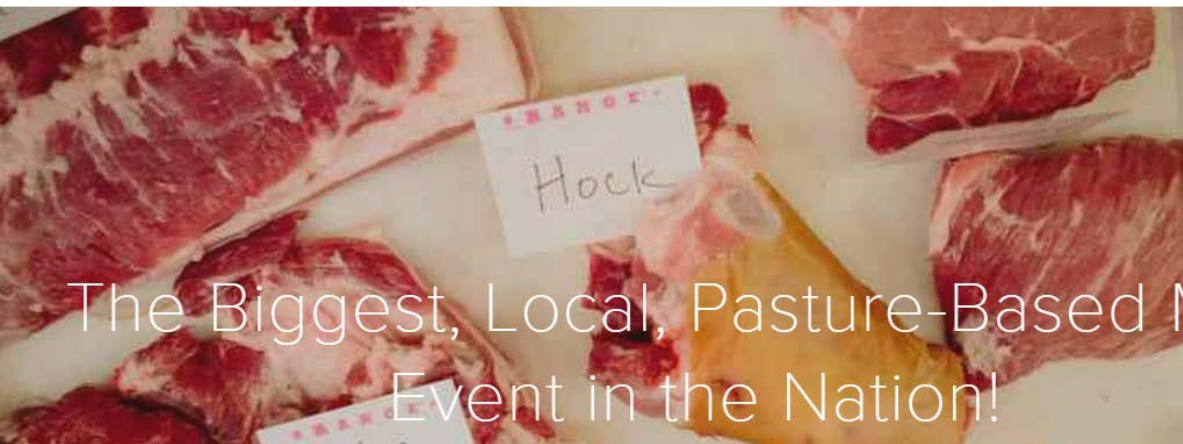


October 12th & 13th, 2015
Winston-Salem, NC

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October 12th & 13th, 2015
Winston-Salem, NC



The Biggest, Local, Pasture-Based Meat
Event in the Nation!

Register Today for the
2015 Carolina Meat Conference!

www.carolinameatconference.com

Spaces in the Specialized Tracks are almost gone!
Sign up today to secure your spot!



Home Chef Track:
Rabbit Processing with Adam
Danforth and Vivian Howard



Dr. Michele Pfannenstiel:
Hazard Analysis & Critical Control
Points (HACCP) Training



NC Choices' Carolina Meat Conference, March 25-27, 2011
Briana Brough Photography



Whole Lamb Track:
It's More Than Just Meat with
Adam Danforth.



Value-Added Pork Track:
Whole Animal to Cured in a
Professional Kitchen with Tyler
Cook and Craia Deihl

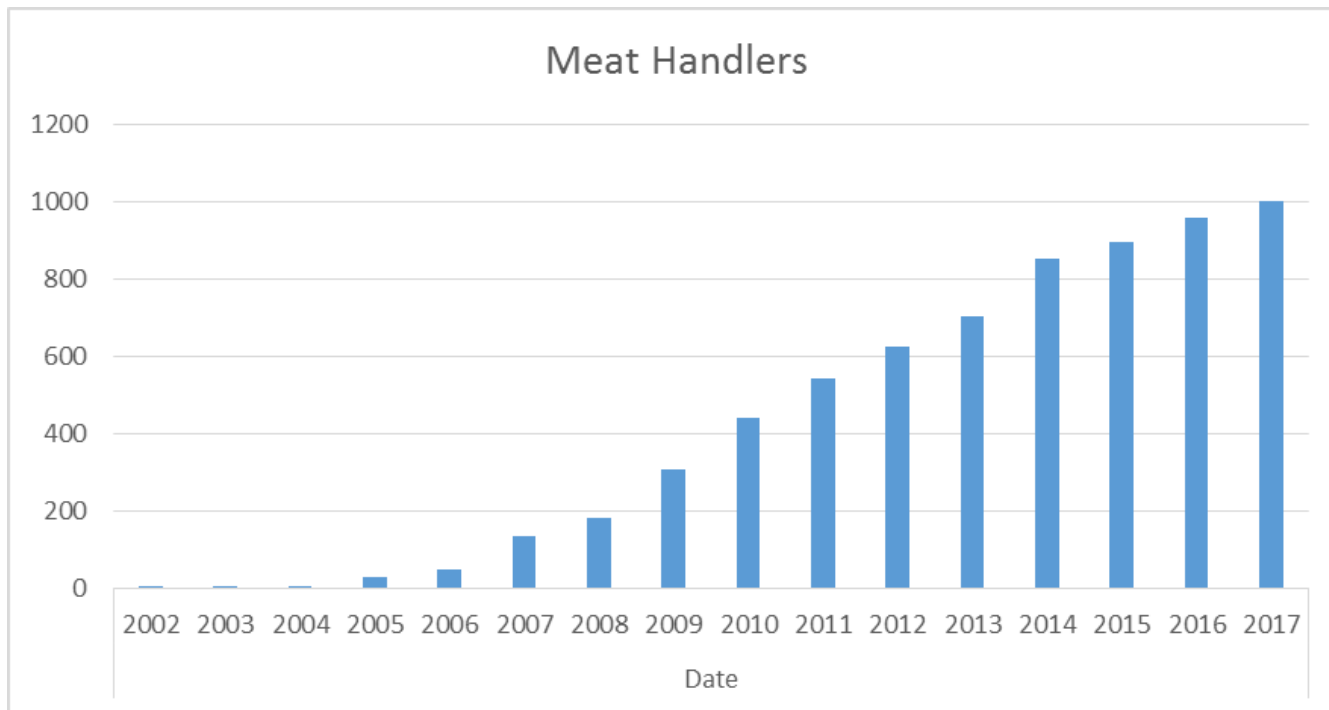
Expanded Partnerships

- Producers
- Producer Groups
- State Agencies
- NGOs
- Processors
- Retailers
- Wholesalers
- Conventional Agriculture
- Sustainable Agriculture
- Labeling Groups
- Chefs





Rise in NCDA & CS NC Farmer Meat Handler Registrations



Expanded Focus Areas



Research Farm



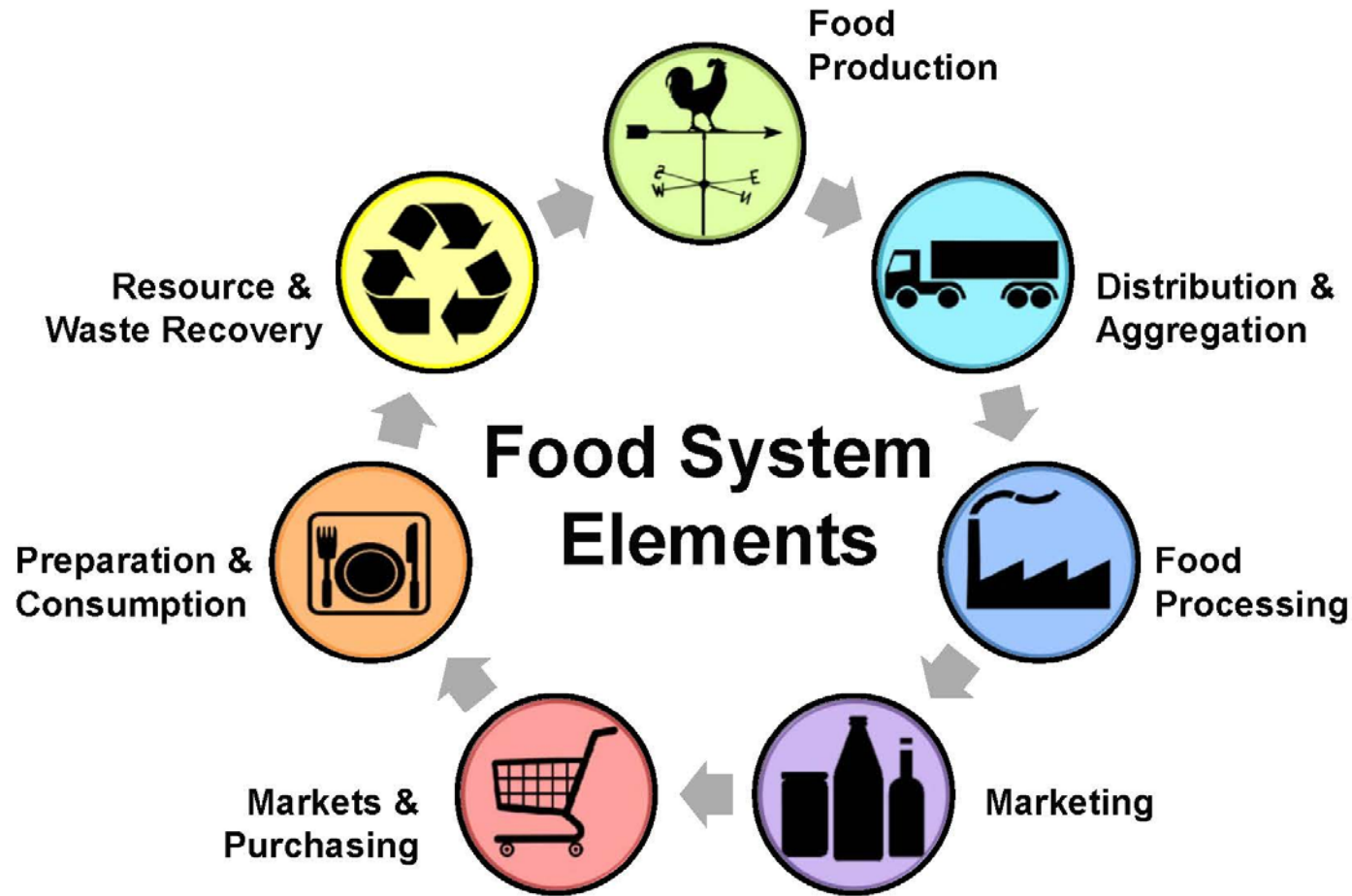
Food System Initiatives



Education and Outreach

← Integrating Research, Education, and Extension →

What is a Food System?



Adapted by Christy Shi, Center for Environmental Farming Systems.

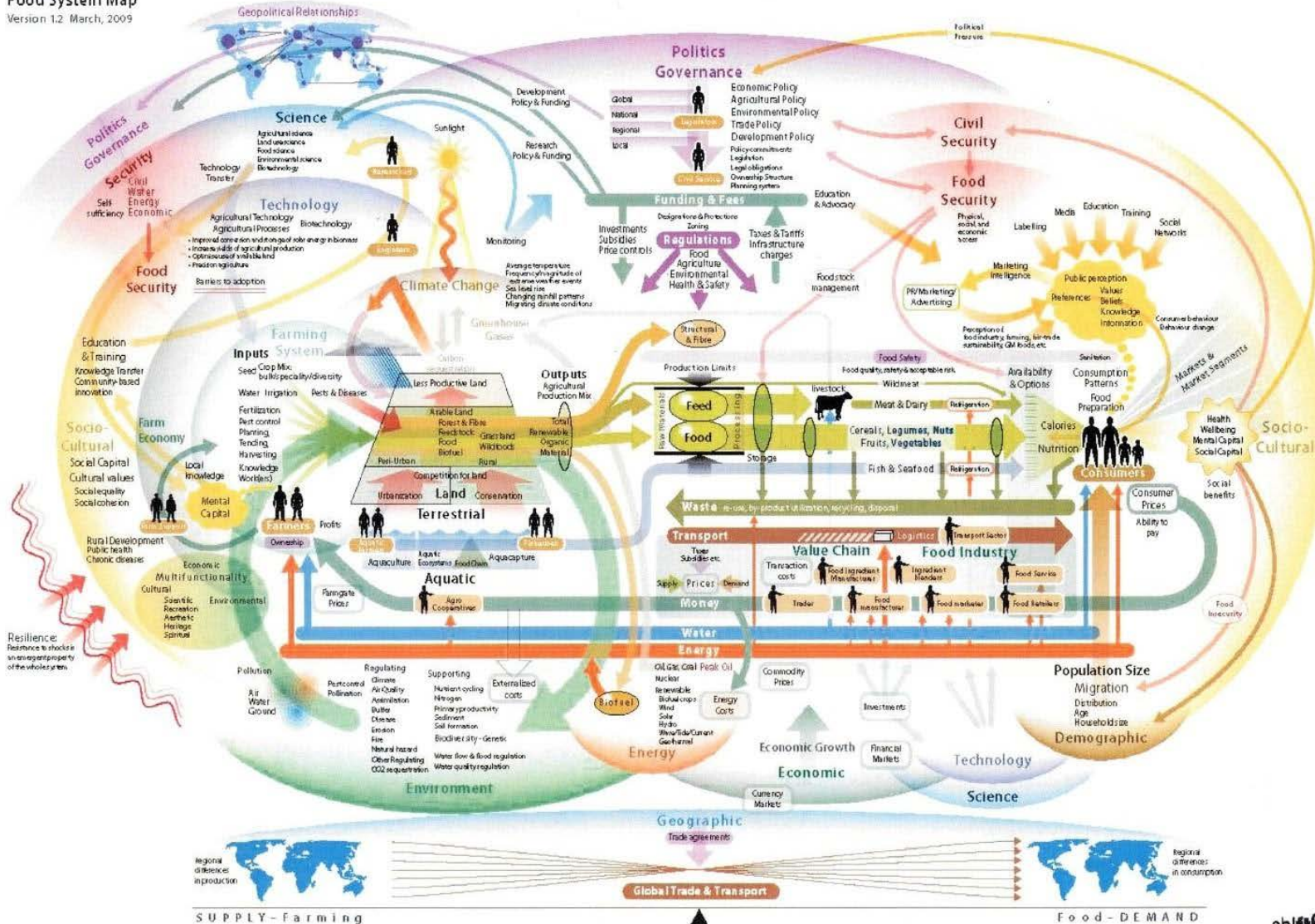
*From: Wilkins, J. and Eames-Sheavly, M. *Discovering the Food System*; An experiential learning program for young and inquiring minds. Cornell University, Departments of Nutritional Science and Horticulture. <http://www.discoverfoodsys.cornell.edu/>*

Of Course, it's not that Simple

The Global Food System

Food System Map

Version 1.2 March, 2009



SUPPLY - Farming

Food - DEMAND

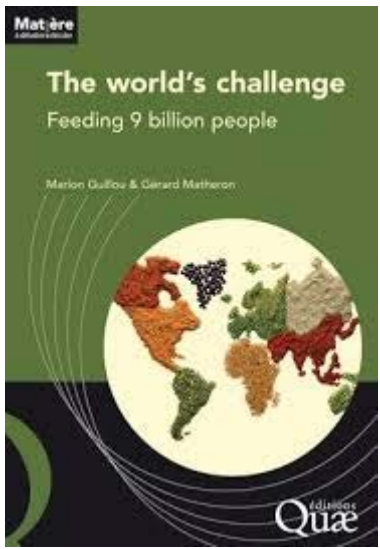
shift

clarity is complexity

Why Food Systems?



The Purpose of Agriculture?



HOW CAN WE FEED
9 BILLION
PEOPLE?



Current Food Systems in the US are Associated with High Food Insecurity and Poor Health Outcomes

Food Insecurity in the US and NC	Diet Related health Outcomes in the US and NC
49 million in US Food Insecure (14.1 percent). Food Insecurity higher among black and Hispanics, rural areas, and inner-cities	Nationally, 1 in 3 children are overweight or obese
In North Carolina, 17.3 percent are food insecure	1/3 of the children born in 2000 or later will develop diabetes if trend continue
Children: 1 in 4 North Carolinian Children are Food Insecure	27 percent of those who go to military recruiting stations are too heavy to serve

Not Just Production Systems

**Biological and
Technological
Innovation**

Everything Else...

(Supply Chain Development,
Reducing Food Waste,
Improving Access,
Education, Youth
Leadership, Racial Equity,
Adoption, Economics, Policy
etc.)

**Improved Food
Security and
Health
Outcomes**



We aren't even feeding our own students..

YORK FEDERATION OF STUDENTS
FOOD BANK

2017/2018 FALL & WINTER
HOURS OF OPERATION

MONDAY - WEDNESDAY:
10AM - 6PM
(CLOSED 1PM - 2PM)

THURSDAY
2PM - 6PM

FRIDAY
10AM - 4PM

CLOSED WEEKENDS &
STATUTORY HOLIDAYS



F G C U
CAMPUS
FOOD
PANTRY



New on-campus food bank, Blazer Kitchen set for grand opening March 6

No Buckeye Goes Hungry.

Buckeye Food Alliance is a nonprofit, on-campus food pantry committed to providing a variety of nutritious food options to the 15% of Ohio State students that are food insecure.

FEED - *the* - **PACK**
A FOOD PANTRY AT NC STATE

Food Insecurity On Campus: Is Your Ivy Leaguer Starving?

Goal of Systems Redesign



Healthy People



Vibrant Farms



Equity



Thriving Local Economies



Strong Communities & Supportive Policy



Resilient Ecosystems

2009, Center for Whole Communities, [Whole Measures for Community Food Systems](#)

Building a Local Food Economy

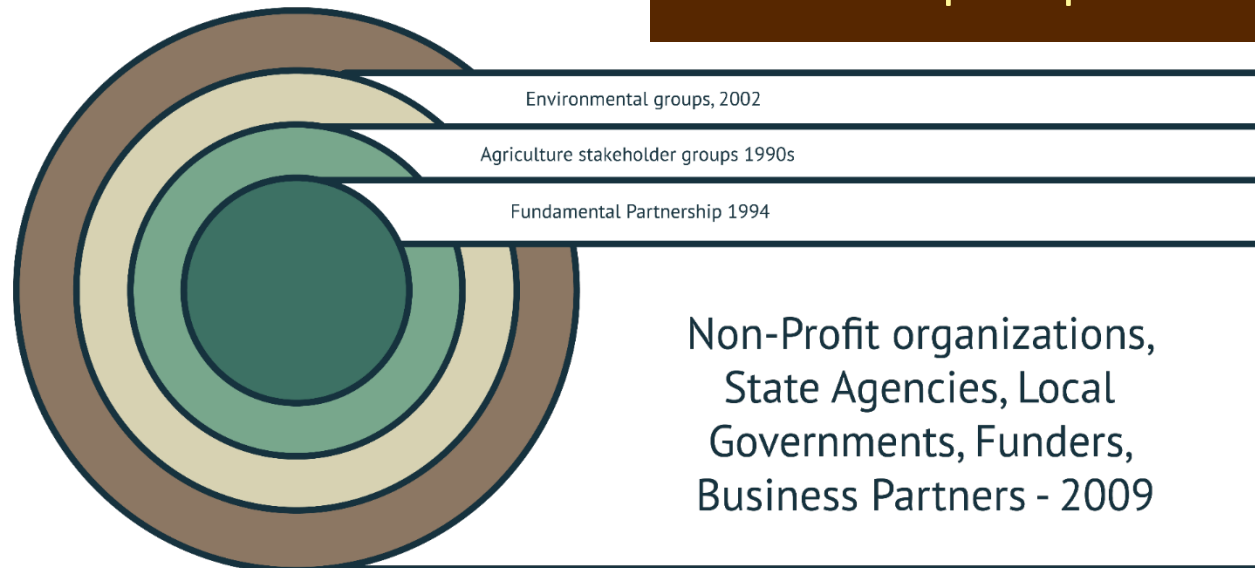


Statewide Action Planning, 2008



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Partnerships Expanded Further

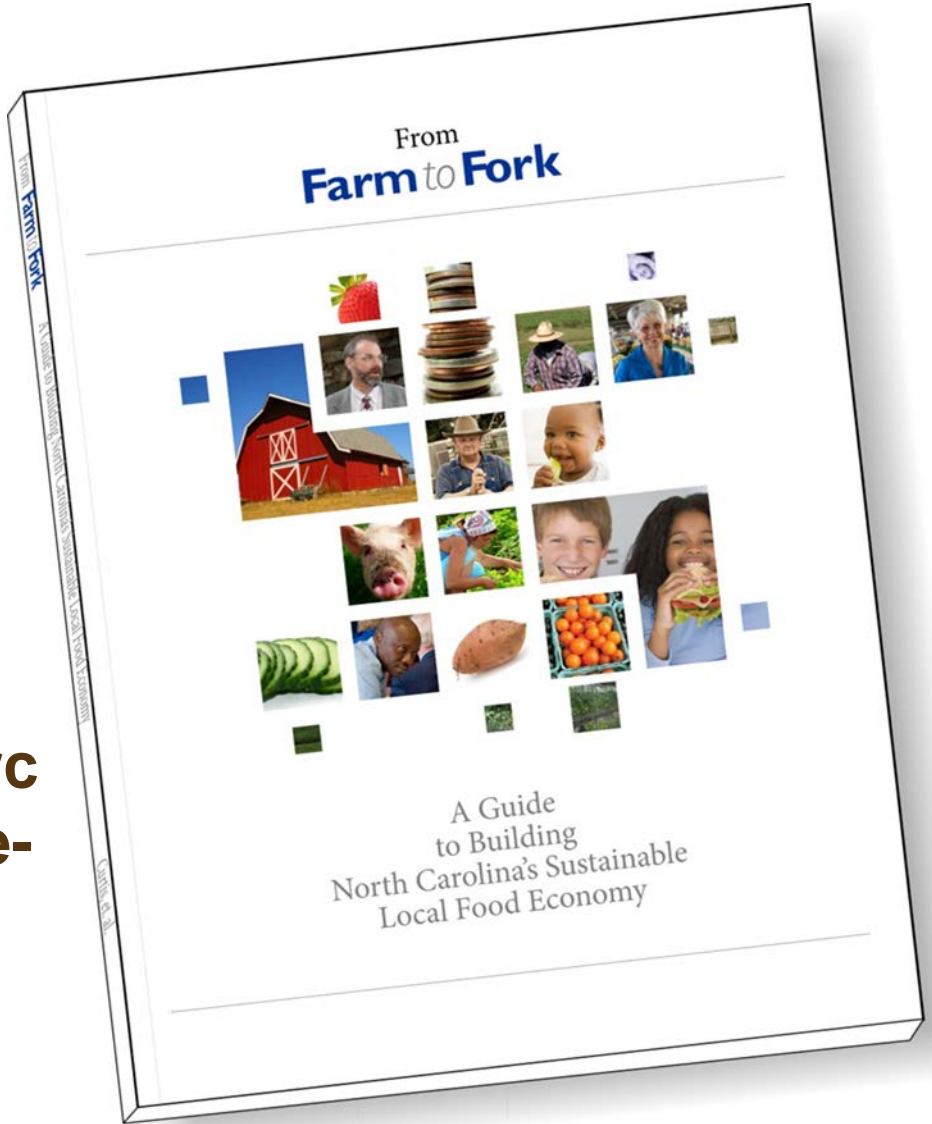


- Agriculture stakeholders, environmental groups, local government officials, nutritionists, health professionals and organizations, anti-hunger groups, faith based organizations, youth-based organizations, economic developers, funding partners, entrepreneurs, retailers, consumers, academic institutions and other agencies

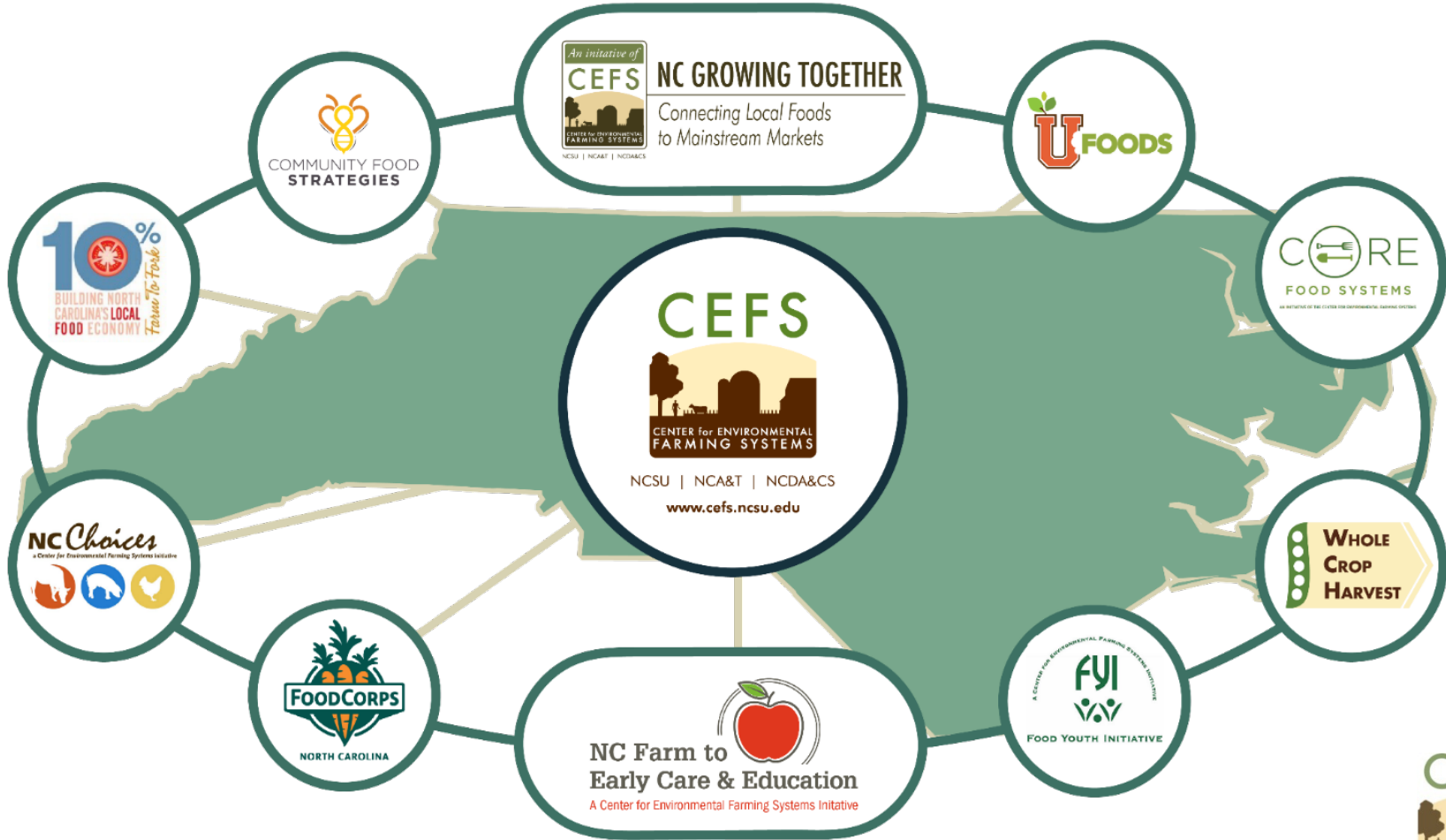
Outcomes: Partnerships and Buy-in Grew Opportunities

Developed Statewide Action Plan

<https://cefs.ncsu.edu/resources/from-farm-to-fork-a-guide-to-building-north-carolinas-sustainable-local-food-economy-2010/>

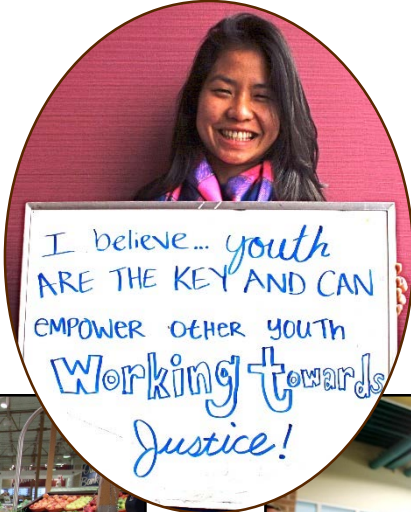


Food System Initiatives

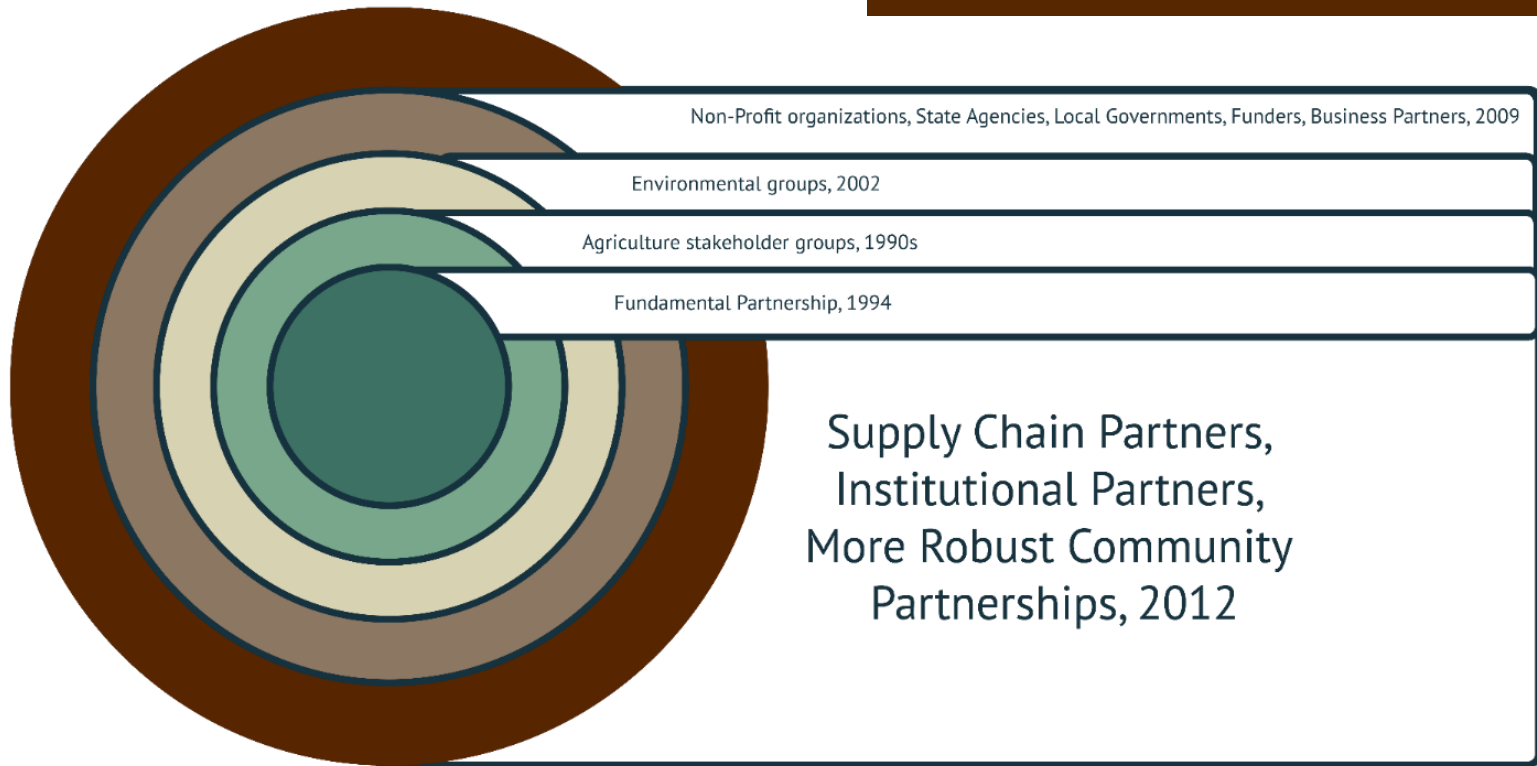


Our Evolving Program and Expanded Mission

CEFS develops and promotes just and equitable food and farming systems that conserve natural resources, strengthen communities, improve health outcomes, and provide economic opportunities in North Carolina and beyond.



Partnerships Expanded Further



COMMUNITY FOOD STRATEGIES

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Network of Councils ▾

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Events ▾

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Strengthening Partnerships & Aligning Results

Community Food Strategies is a multi-organizational team of food systems experts providing leadership and technical support for food council development across North Carolina.

Who is Involved

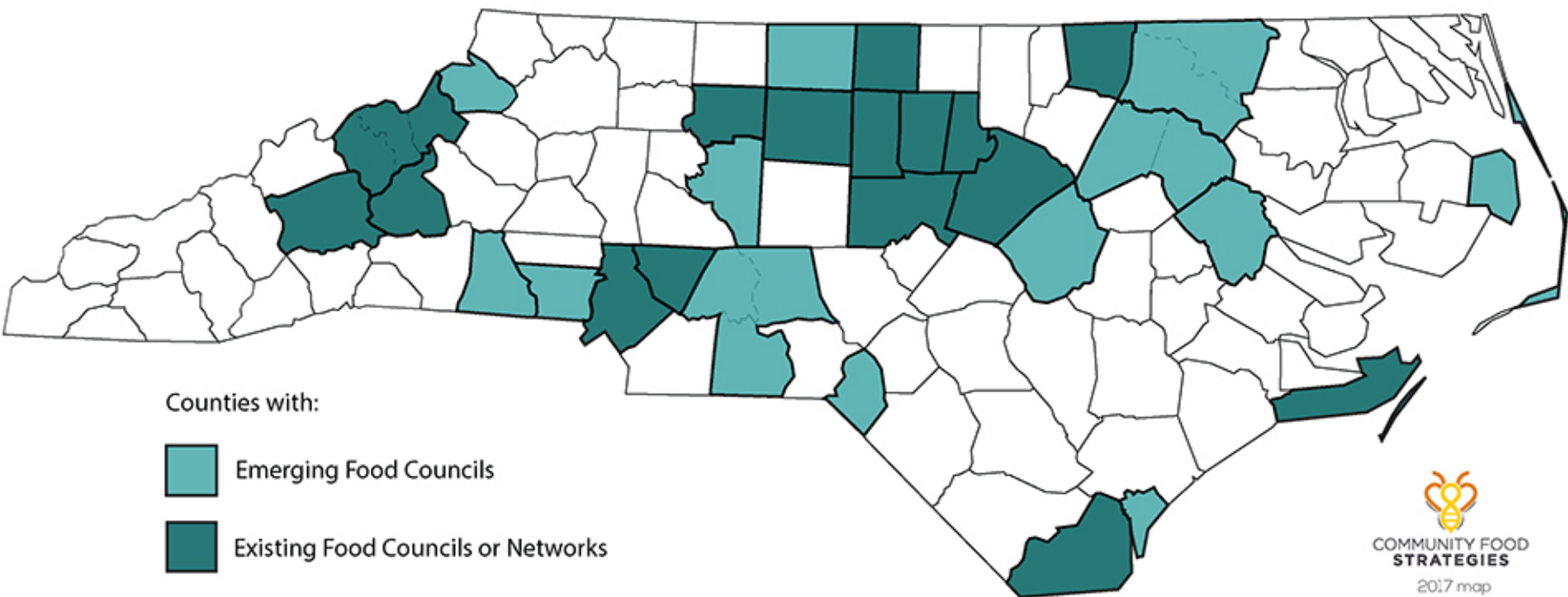
Food councils are intentionally cross-sector, and work to continually expand the network and engage diverse and strategic players.

- Local government officials
- Planning departments
- Food pantry staff
- Soil and Water District staff
- Teachers
- Faith leaders
- Food Businesses



- Higher education
- Community Leaders
- Cooperative Extension
- Restaurant owners
- Farmers
- Public health officials
- Economic Developers
- Non-profit organizations

Developing Local Councils – Emerging & Existing



2017 ACCOMPLISHMENTS OF NC FOOD COUNCILS

communityfoodstrategies.org

PROMOTING FARMERS & ECONOMIC DEVELOPMENT

Davidson County Local Food Network funded a farmers market awareness campaign, including billboards, stickers, and farm-to-plate dinner marketing.

Capital Area Food Network developed a strategic plan for their Farm Advocacy Circle.

McDowell Local Food Advisory Council received grant funding to create a feasibility study and project development for a Community Food and Health Hub.

Forsyth Community Food Consortium hosted monthly Local Food Meet-ups to increase awareness of local food initiatives and encourage collaboration.

Greater High Point Food Alliance hosted a Food Security Summit and a Youth Food Summit.

Gaston Co. Food Policy Council hosted National Farmers Market Week events at all three county farmers markets, and hosted four community education events.

Toe River Food Security Network hosted listening sessions with pre-school teachers about gardens, and with faith-based food pantry staff and county government.

Orange County Food Council hosted two forums, welcomed four new council members, and started Food Access & Local Food Economy work groups.

INCREASING FOOD ACCESS

Cabarrus County Farm & Food Council engaged in a food access study with UNC-Charlotte partners.

Capital Area Food Network assisted with the completion of the Wake County Comprehensive Food Security Plan, and held multiple community forums for input.

Asheville-Buncombe Food Policy Council launched a Double Up Food Bucks project for greater access to healthy foods.

Caswell Local Foods Council hosted a free soup lunch every 2nd Wednesday of the month in 2017, attracting 50-100 attendees each month.

Cape Fear Food Council formalized their council structure and committees, which are meeting monthly, and filled all council and four committee chair positions.

Pitt County Farm and Food Council became a county sanctioned council, held three community forums, and started work with three action circles.

Just Foods Collaborative recruited an Advisory Board, formalized its structure, and drafted a plan of work.

EXPANDING THE NETWORK

Alamance Food Collaborative partnered with Elon University classes on student projects that propelled their council's top priorities.



ADDRESSING EQUITY

North Carolina Local Food Council expanded their membership with a goal of more diverse voices representative of their work.

INCREASING AWARENESS

Asheville-Buncombe FPC hosted a 2017 Candidates Forum, highlighting the Food Policy Action Plan they developed, which was passed by the City of Asheville.

ADVOCATING POLICY & PROGRAM CHANGE

Durham Farm & Food Network received funding for facilitation to support the development of a sugary beverage advocacy campaign rooted in racial equity.

Greater High Point Food Alliance worked with High Point City Council to fund a Community Garden Coordinator through the Guilford Co. Extension Office.

Orange Council Food Council funded several members to attend racial equity trainings.

Charlotte-Mecklenberg Food Policy Council hosted a food advocacy training for 50+ community members and leaders.

Durham Farm & Food Network hosted a public engagement event to announce their newly created 4-part Policy Platform and encourage new participation.



About



CEFS Mission:

CEFS develops and promotes **just and equitable** food and farming systems that conserve natural resources, **strengthen communities, improve health outcomes,** and provide **economic opportunities** in North Carolina and beyond.

Purpose of Our Equity Work:

The **equity** work of CEFS is a **long-term** commitment to work **internally** and **collaboratively** with community and grassroots groups to address **root causes** of food systems inequities and build **collective solutions** through the lens of structural racism as an entry point. Our approach begins with developing an understanding, analysis and shared language of impacts of structural racism in our food system. Our commitment is to be a part of this transformative process.

About CORE work

Goal: To create institutional food system change by addressing the historical and current impacts of structural racism on our food and agricultural systems.

Hosts Learning Spaces to...

- Build a shared language around equity
- Build a shared analysis of institutional impact of structural racism on our food system
- Build a shared history on the impact of structural disparity on our food system
- Share tools and framework (developed by and with our CORE partners at dR Works and OpenSource Leadership Strategies, Inc.)
- for addressing inequities in our food system thru the lens of structural racism

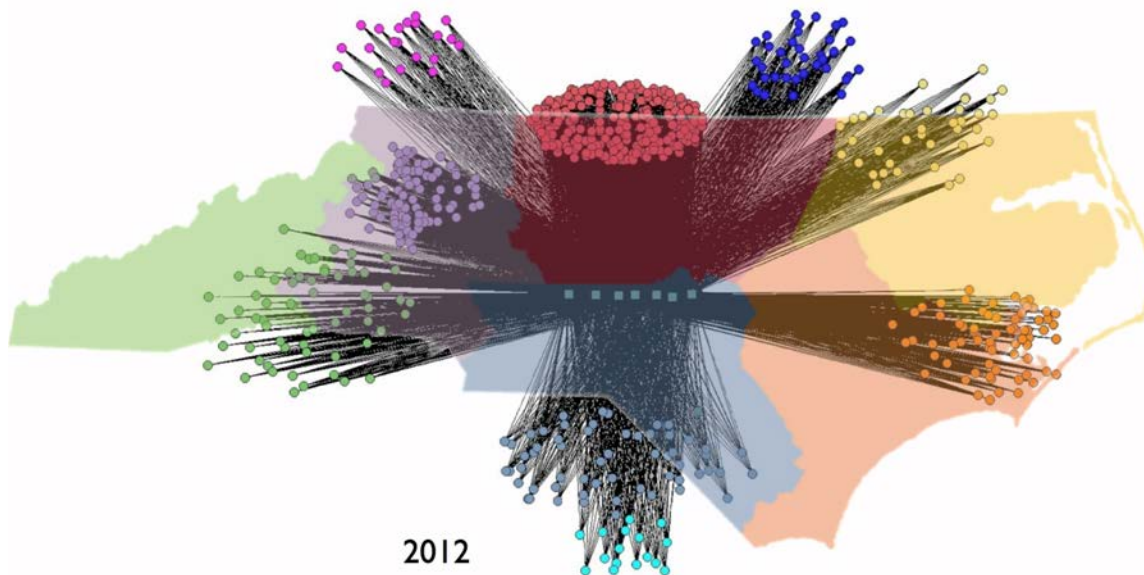
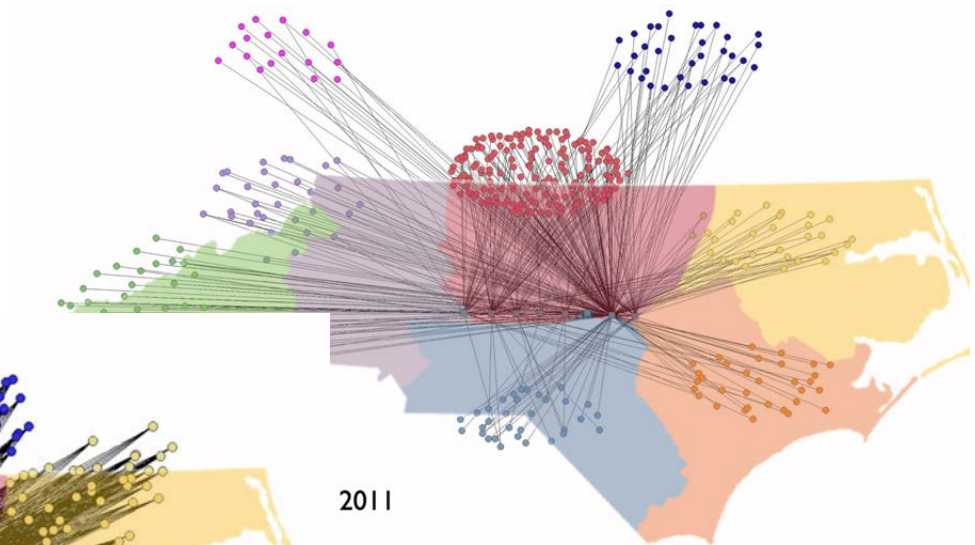
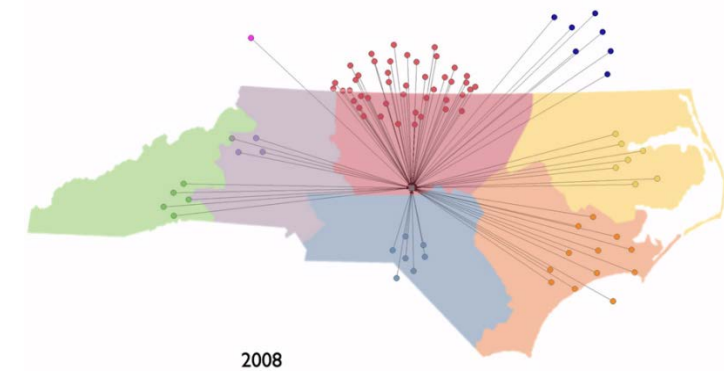




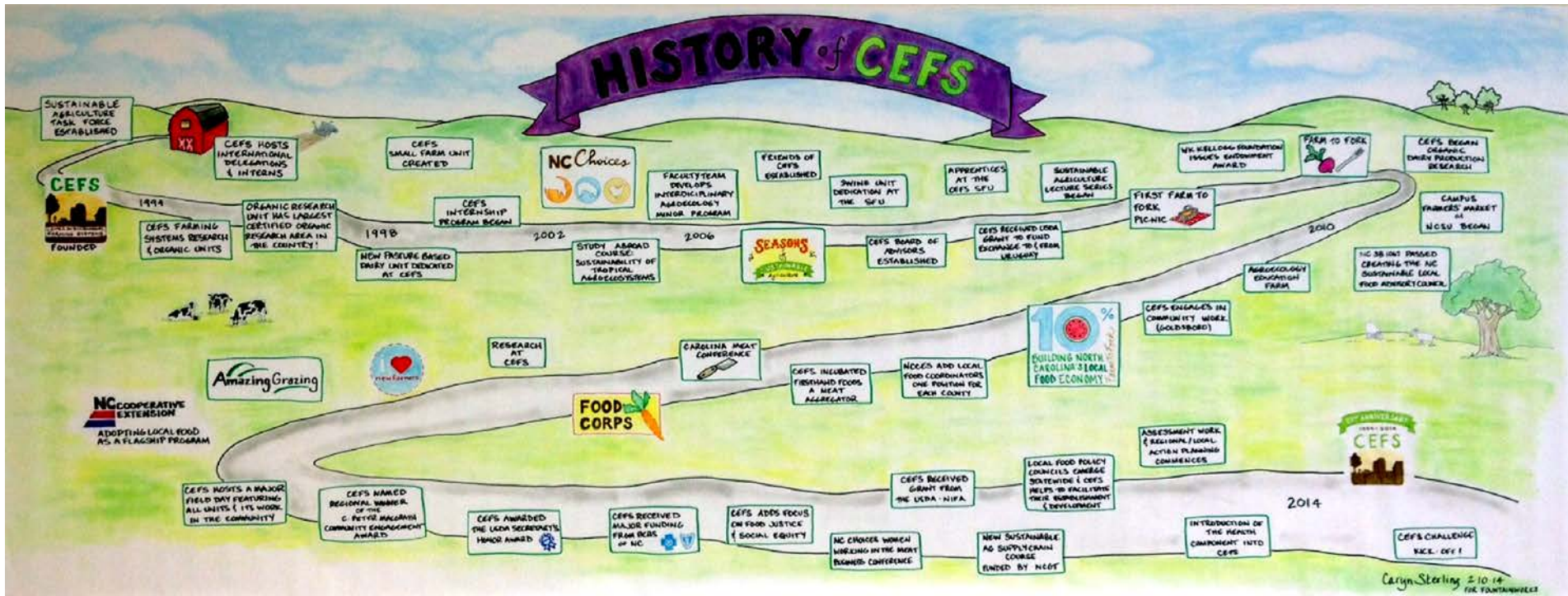
The paradox of education is precisely this - that as one begins to become conscious one begins to examine the society in which he is being educated. The purpose of education, finally, is to create in a person the ability to look at the world for himself, to make his own decisions, to say to himself this is black or this is white...The obligation of anyone who thinks of himself as responsible is to examine society and try to change it and to fight it - at no matter what risk. This is the only hope society has. This is the only way societies change".

-- from "A Talk to Teachers" by
James Baldwin

CEFS Network and Partner Analysis



CEFS... A Journey & Broader Vision towards an Equitable Food System



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