

# National Cover Crops and Soil Health Conference December 7, 2017 Rodney Rulon [rodney@rulonenterprises.com](mailto:rodney@rulonenterprises.com)

*Farming Since 1869*

**RULON**  
ENTERPRISES



# Our Cropping System:

## PRODUCTIVE & SUSTAINABLE

- 4<sup>th</sup> Generation family farm
- North Central Indiana
- 100% No-Till since 1989
- 90% CB Rotation, 10% CAC
- 15 years cover crops
- Liquid Hog manure 320 a/yr (No-Till)
- 1 acre grid management w/ full VRT
- Conservation is the best economic model
- We are accountable for what leaves our farm

**We are a Legacy Farm**







SUSTAINABLE REQUIRES  
**CARBON CAPTURE**  
**TECHNOLOGY**

# Healthy Soil is a System



- ▣ No-Till (infiltration/OM/cover/biology)
- ▣ Cover Crops (rooting/temp/OM/feed biology)
- ▣ Soil Carbon/Soil Health
- ▣ Drainage (Managing Air/Water)
- ▣ VRT N, P, K , Seed etc.
- ▣ VRT Lime/Gypsum/amendments/Manure
- ▣ Variety Selection (Plant health and Yield)
- ▣ Balance
- ▣ Compaction/Controlled traffic



# What healthy soil returns to us:

- ▣ Increased Yield
- ▣ Increased Biology (Big and Small)
- ▣ Nutrient Efficiency and Cycling
- ▣ Drought Tolerance/decreased soil temp/evaporation
- ▣ Increased water infiltration/water holding
- ▣ Improved Plant Health (reduced disease and insects)
- ▣ Improved Structure=Improved Trafficability (Timing)
- ▣ Improved Economics/ Agronomics





# What we do to manage soil Quality:

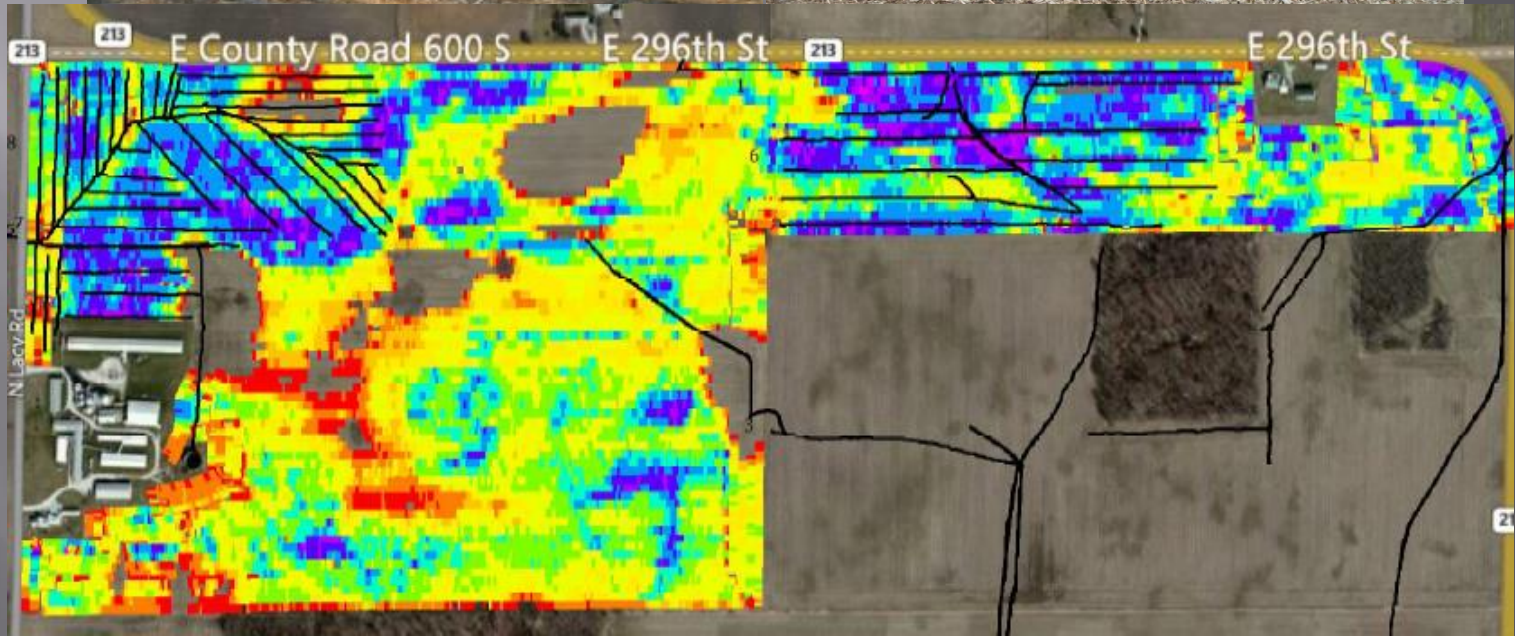
- ▣ Continuous No-Till – not rotational
  - Eliminate catastrophic tillage events
  - Allow soil to build structure and biology





# What we do to manage soil Quality:

- ▣ Drainage – Foundational to No-till and soil quality



# What we do to manage soil Quality:

- ▣ 1 Acre grid Fertility
- ▣ Hi-Cal Lime/Gypsum
- ▣ Balanced Soil is More Stable





# What we do to manage soil Quality:

- ▣ Low Disturbance N-Applicator/Manure





# What we do to manage soil Quality:

- ▣ Cover Crops
- ▣ Manage for long term soil health-FAST





# Cover Crops on Our Farm

- ▣ Remove compaction without tillage (Soil repair)
- ▣ Transition from tillage to no-till
- ▣ Rotational Advantage
- ▣ Take no-till and soil quality/Biology to the next level
- ▣ Trap nitrogen from manure/carryover/soybeans
- ▣ Erosion Control
- ▣ Break disease cycle in CAC
- ▣ Cycle expensive nutrients
- ▣ Build Organic Matter/Structure
- ▣ Economics/Agronomics
- ▣ Grandpa used cover crops and he was pretty smart















# What do you want from a cover crop?

- ▣ Choose the right cover for your goal
  - Compaction removal
  - Ease of management
  - Disease control
  - Nutrient cycling
  - Erosion control
  - Enhance Rotations





# Cover Crop Choices on Our Farm

- ▣ *Cereal (winter) Rye, Annual Rye Grass*
- ▣ *Oats, Radish, Clover, Rape, Barley*
- ▣ *Austrian Winter Peas, Vetch, Mixes of all the above*
- ▣ *For others see the SARE cover-crop handbook*  
[www.sare.org/publications/covercrops/covercrops.pdf](http://www.sare.org/publications/covercrops/covercrops.pdf)





# Fall 2017 Mixes



## CORN 18

25# Oats  
2# Radish  
3# Rape  
5# Crimson  
. Clover

---

15# Cereal  
Rye

15# Oats  
3# Rape

## SOYBEAN 18

25# Oats  
2# Radish  
3# Rape

---

35# Cereal Rye



Rulon Enterprises			Fall 2017 Cover Crop Plan							
			PLAN			PreMixed		PLAN	PLAN	
						50#/unit		Cost	Total	ACTUAL
	Description	Ingredients	#/Acre	\$/Lb	\$/Acre	Price	\$/lb	Per Acre	Cost	Acres
Mix #1	4 Way	Spring Oats	25	\$ 0.34	\$ 8.50					
	Early After Soybeans	Radish	2	\$ 1.98	\$ 3.96					
	Corn Cost 2018	Crim Clover	5	\$ 1.50	\$ 7.50					
		Essex Rape	3	\$ 1.18	\$ 3.54					
	TOTAL MIX #1		35		\$ 23.50	\$29.70	\$ 0.59	\$ 20.79	\$27,027	1,300
Mix #2	Three Way	Spring Oats	25	\$ 0.34	\$ 8.50					
	Late After Soybeans	Radish	2	\$ 1.98	\$ 3.96					
	Corn Cost 2018	Essex Rape	3	\$ 1.18	\$ 3.54					
	TOTAL MIX #2		30		\$ 16.00	\$25.20	\$ 0.50	\$ 15.12	\$19,656	1,300
Mix #3	Three Way	Spring Oats	15	\$ 0.34	\$ 5.10					
	Early After Corn	Cereal Rye	15	\$ 0.32	\$ 4.80					
	Bean Cost 2018	Essex Rape	3	\$ 1.18	\$ 3.54					
	TOTAL MIX #3		33		\$ 13.44	\$22.50	\$ 0.45	\$ 14.85	\$19,305	1,300
Mix #4	Single Product	Cereal Rye	35	\$ 0.23	\$ 8.05					
	Late After Corn									
	Bean Cost 2018									
	TOTAL MIX #4		35		\$ 8.05	\$10.35	\$ 0.21	\$ 7.25	\$9,419	1,300
						Total Seed Cost=		\$75,407	5,200	
						Cost Per Acre Planted =		\$14.50	Acres	



# Planting Dates (Central Indiana) With Soil Contact

Summer (Aug 10)	Lots of Choices
September 15	Austrian Peas
October 1	Oats/Radish/Clover
October 21	Annual Rye Grass/Rape
November 10	Cereal Rye

**CORN and SOYBEAN MATURITIES MATTER**

Check out Midwest Cover Crop Council

Cover Crop Selection Tool

<http://www.mccc.msu.edu/selectorINTRO.html>

# Planting Methods

- Aerial/Surface
- Air Cart/harrow/VT
- No-Till Drill
- Precision Planter
- CONSIDER:
  - Seed size (Hopper size)
  - Planting date (Timing)
  - Moisture required to germinate
  - Fall growth needs
  - Seeding rates and cost
  - Mixes
  - Coatings
  - Inoculants









# Planting Methods

- Precision Planter
- CONSIDER:
  - Seed size (Plate selection)
  - Planting date
  - Moisture required to germinated
  - Fall growth needs
  - Seeding rates and cost
  - In row spacing
  - Mixes
  - Inoculants/coatings





# Planting Methods

- No-Till Drill/VT
- CONSIDER:
  - Seed size{rate/depth)
  - Planting date
  - Moisture required to germinate
  - Fall growth needs
  - Seeding rates and cost
  - In Row Spacing
  - Inoculants
  - Coatings
  - Mixes



# Planting Methods

- Aerial Seeding/Surface APP
- CONSIDER:
  - Seed size (expense/suitability)
  - Planting date (crop stage)
  - Moisture required to germinate
  - Fall growth needs
  - Seeding rates and cost
  - Mixes
  - Inoculants
  - Coatings







# Planting Methods

## Surface Application Vs. In Soil





# Planting Methods

## Surface Application Vs. In Soil





# Mixes

- ▣ Root types
- ▣ Growth rate
- ▣ Planting date/Method
- ▣ Feeder/Scavenger/Storage
- ▣ Legume/Grass/Brassica
- ▣ Build OM
- ▣ Boost cash crop
- ▣ Save on inputs
- ▣ Improve winter survival
- ▣ Termination method/timing



# Other things to worry about

- ▣ Quality Seed Source/Supply
- ▣ Bulk blending/delivery
- ▣ Spring germination of fall seeding
- ▣ Aerial misapplication
- ▣ Seeding rates
- ▣ Chemical Programs
  - Residuals from cash crop
  - Termination of cover crop
- ▣ Test Strips
- ▣ Tile lines (Roots?)
- ▣ Voles





# What do roots look like in our tiles?



**COOL**



**GOOD**



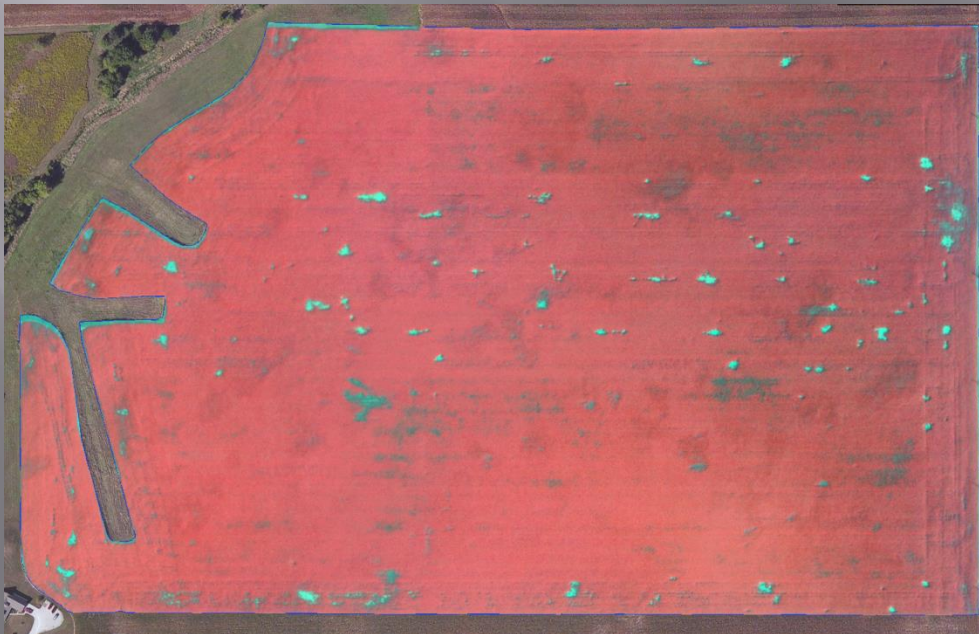
**NOT GOOD**



# Vole Holes? Who else has them?



<u>Crop Type</u>	<u>lbs Applied</u>
■ Annual Ryegrass	(18#)
■ Cereal Ryegrass	(35#)
■ Oats/Radish Mix	(32# & 2.5#)



**Considerably less vole holes in the Oats/Radish mix strips.**



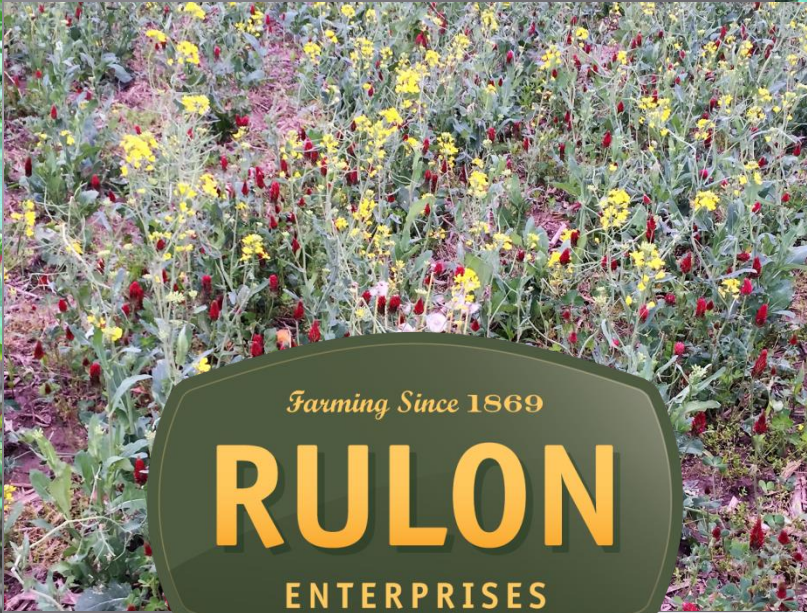








# THANK YOU!!



*Farming Since 1869*

## RULON

ENTERPRISES



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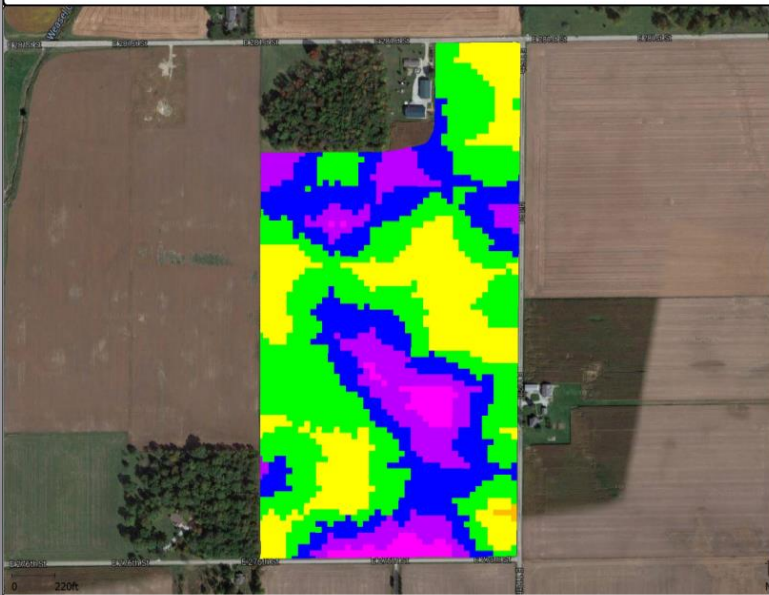
[www.rulonenterprises.com](http://www.rulonenterprises.com)



# INCREASE SOIL CARBON CONTENT : AVG = .5%

Organic Matter 2002 vs. 2012 = + 1.1%  
**2.47** (1.4 to 4.0)      **3.58** (1.8 to 6.1)

13Bendi-Hill - Soil Sampling (2002)



Grower : Rulon Enterprises LLC

Farm : 13Bendi-Hill

Field : 13All

Operation : Soil Sampling

Average Soil OM : 2.478 %

Maximum Soil OM : 4.000 %

Minimum Soil OM : 1.400 %



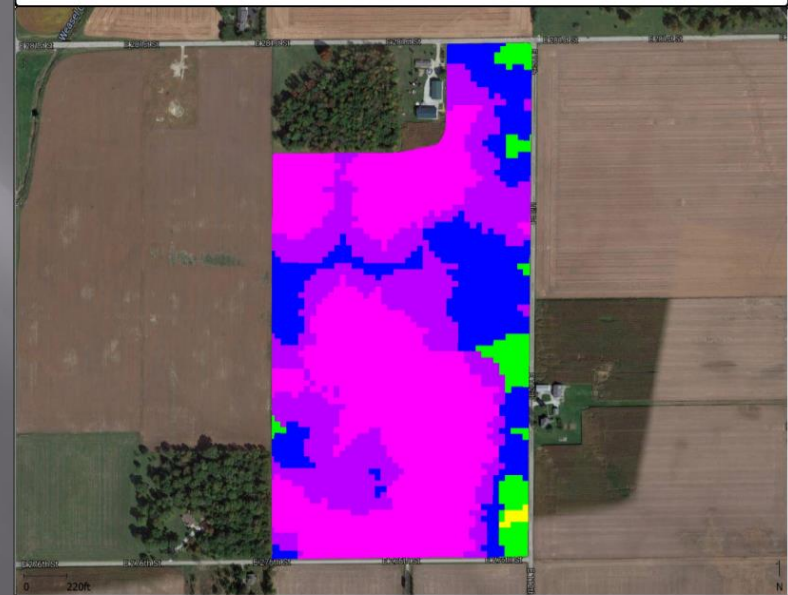
Ag Leader Technology SMS Advanced

Soil OM  
(%)

3.50 - 10.00	( 121)
3.00 - 3.50	( 434)
2.50 - 3.00	( 824)
2.00 - 2.50	(1,246)
1.50 - 2.00	( 783)
1.00 - 1.50	( 6)
0.00 - 1.00	( 0)

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13Bendi-Hill - Soil Sampling (2012)



Grower : Rulon Enterprises LLC

Farm : 13Bendi-Hill

Field : 13All

Operation : Soil Sampling

Average Soil OM : 3.585 %

Maximum Soil OM : 6.100 %

Minimum Soil OM : 1.800 %



Ag Leader Technology SMS Advanced

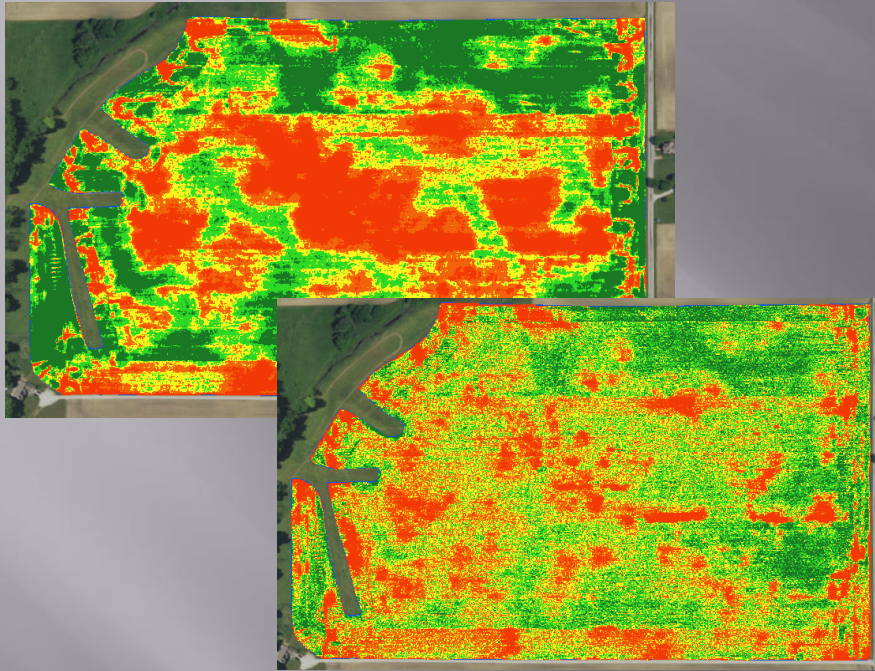
Soil OM  
(%)

3.50 - 10.00	(1,553)
3.00 - 3.50	( 958)
2.50 - 3.00	( 724)
2.00 - 2.50	( 168)
1.50 - 2.00	( 11)
1.00 - 1.50	( 0)
0.00 - 1.00	( 0)

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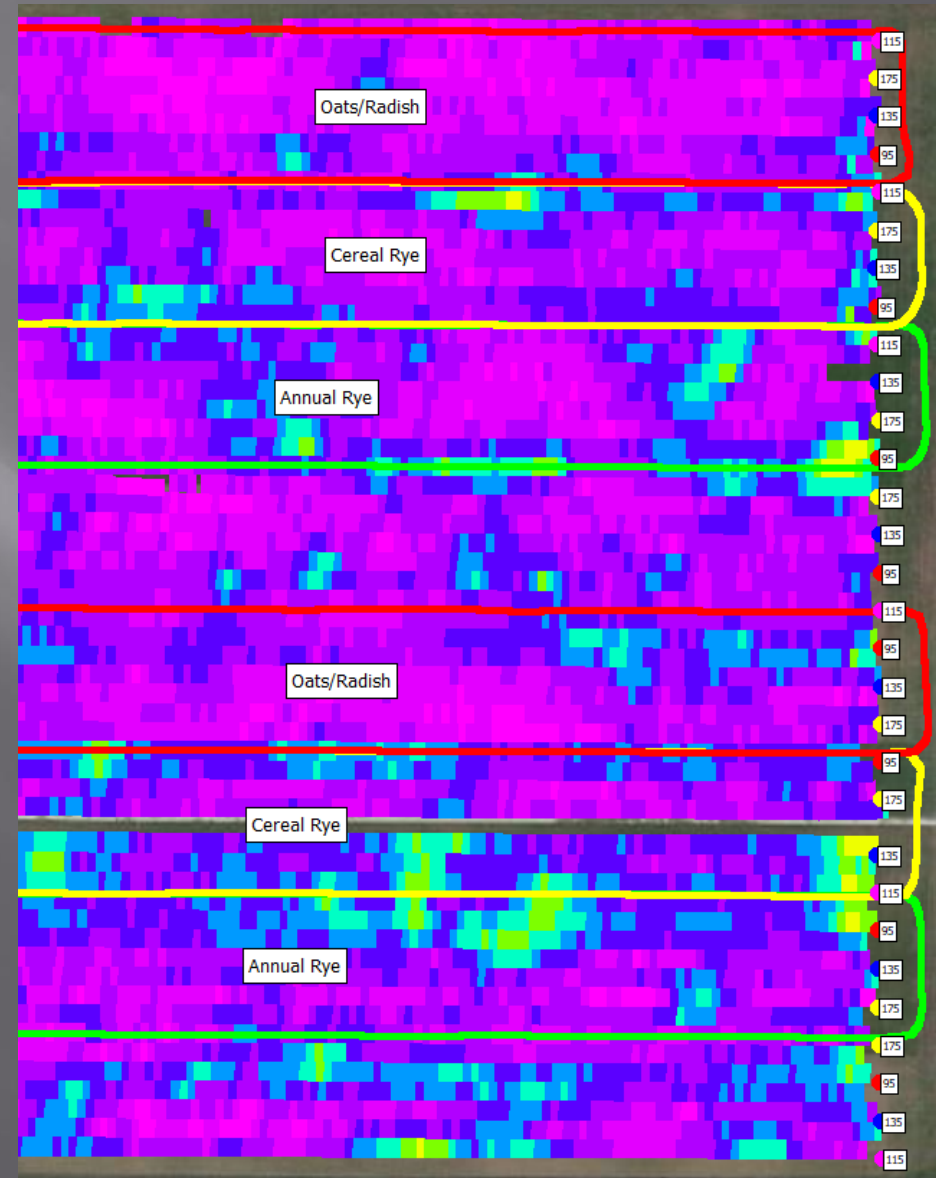
# 2017 CCSI Plot Harvest Data



## Final Yield Average:

Oats/Radish	= 219.32bu/ac
Cereal Rye	= 205.03 bu/ac
Annual Rye	= 204.25 bu/ac
No Cover	= 209.06 bu/ac

**Cover Crop Yield + 10.26 bu/ac  
(Oats/Radish Vs No Cover)**

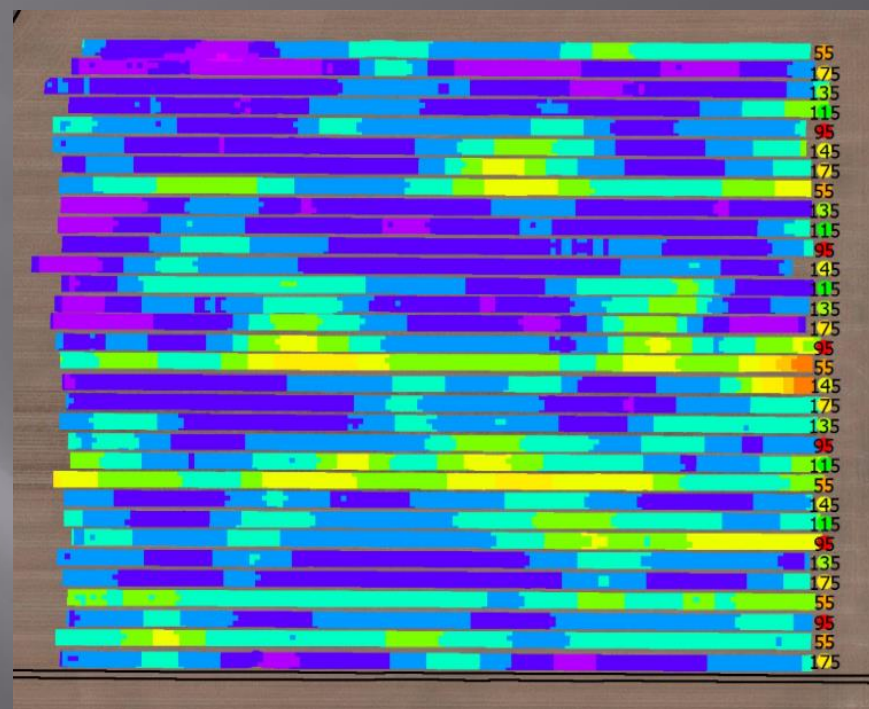




# 2015 CCSI Plot Harvest Data

Cover Crop vs N Rate Study 2015

Nitrogen Rate	Cover	Rep1	Rep2	Avg	Rank	AVG For N Rate
55	Oats/Radish	150.66	169.4	160.03	1	142.27
	Cereal Rye	155.65	146.48	151.07	2	
	Annual Rye	137.05	125.82	131.44	3	
	No Cover		126.55	126.55	4	
95	Cereal Rye	164.89	187.1	176.00	1	165.42
	Oats/Radish	154.48	180.07	167.28	2	
	Annual Rye		162.26	162.26	3	
	No Cover	143.78	168.5	156.14	4	
115	Cereal Rye	171.9	195.26	183.58	1	172.06
	Oats/Radish	163.82	185.32	174.57	2	
	Annual Rye	174.9	171.35	173.13	3	
	No Cover	159.83	154.12	156.98	4	
135	Cereal Rye	184.35	196.58	190.47	1	184.08
	Oats/Radish	184.37	192.86	188.62	2	
	No Cover	182.17	175.5	178.84	3	
	Annual Rye	173.53	183.25	178.39	4	
175	Oats/Radish	187.12	203.39	195.26	1	187.35
	Annual Rye	186.29	187.65	186.97	2	
	No Cover	184.7	183.69	184.20	3	
	Cereal Rye	184.94	181	182.97	4	
Other N Credits	Total N Applied					
30# from planter	55 + 80 = 135#					
50# Soybeans	95 + 80 = 175#					
	115 + 80 = 195#					
	135 + 80 = 215#					
	175 + 80 = 255#					



**Cover Crop Yield + 12.8 bu/ac**

## Final Yield Average:

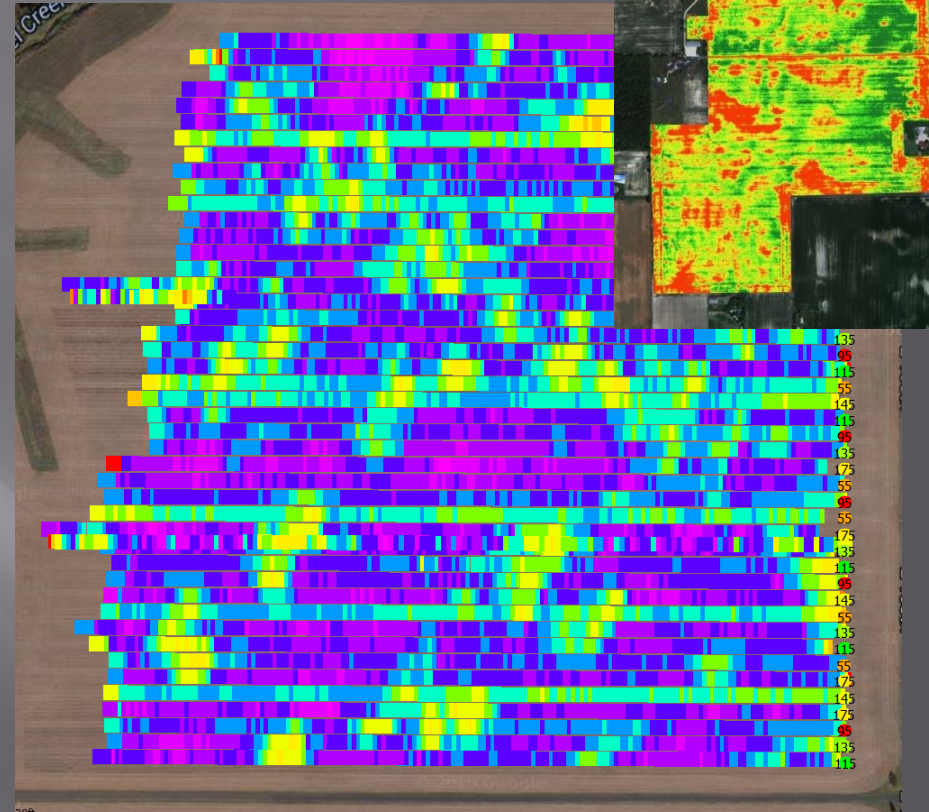
Oats/Radish = 177.1 bu/ac  
 Cereal Rye = 176.8 bu/ac  
 Annual Rye = 166.9 bu/ac  
 No Cover = 164.3 bu/ac



# More Data! (2013)

Cover Crop vs N Rate Study 2013

Nitrogen Rate	Cover	Rep1	Rep2	Avg	Rank	AVG For N Rate
55	Oats/Radish		153	153	1	149.56
	Annual Rye	148.9	155.6	152.25	2	
	No Cover	148.8	150.4	149.6	3	
	Cereal Rye	139	147.8	143.4	4	
95	Oats/Radish		203.7	203.7	1	183.4
	Annual Rye	180.8	178.8	179.8	2	
	Cereal Rye	172.6	180.6	176.6	3	
	No Cover	173.3	173.7	173.5	4	
115	Oats/Radish	193.7	187.2	190.45	1	184.05
	Cereal Rye	192.5	175.7	184.1	2	
	Annual Rye	181.7	183.2	182.45	3	
	No Cover	168.5	189.9	179.2	4	
135	Oats/Radish	204.8	193.1	198.95	1	189.81
	Cereal Rye	194.6	189.1	191.85	2	
	Annual Rye	181.6	191.7	186.65	3	
	No Cover	178.1	185.5	181.8	4	
175	Oats/Radish	208.4	194.4	201.4	1	190.9
	Annual Rye	190.3	190.5	190.4	2	
	Cereal Rye	182.8	193.1	187.95	3	
	No Cover	173.3	194.4	183.85	4	
Actual N Applied	Total N Rate					
30# N on planter	55 + 80 = 135#					
50# Bean Credit	95 + 80 = 175#					
	115 + 80 = 195#					
	135 + 80 = 215#					
	175 + 80 = 255#					



**Cover Crop Yield + 7.1 bu/ac**

Final Yield Corn/Oats+Radish = 190.5  
 Final Yield Corn/Rye = 187.6  
 Final Yield Corn/No Cover = 183.4



# 2012, 2014, 2016 CCSI Plot Soybean Harvest Data Summary

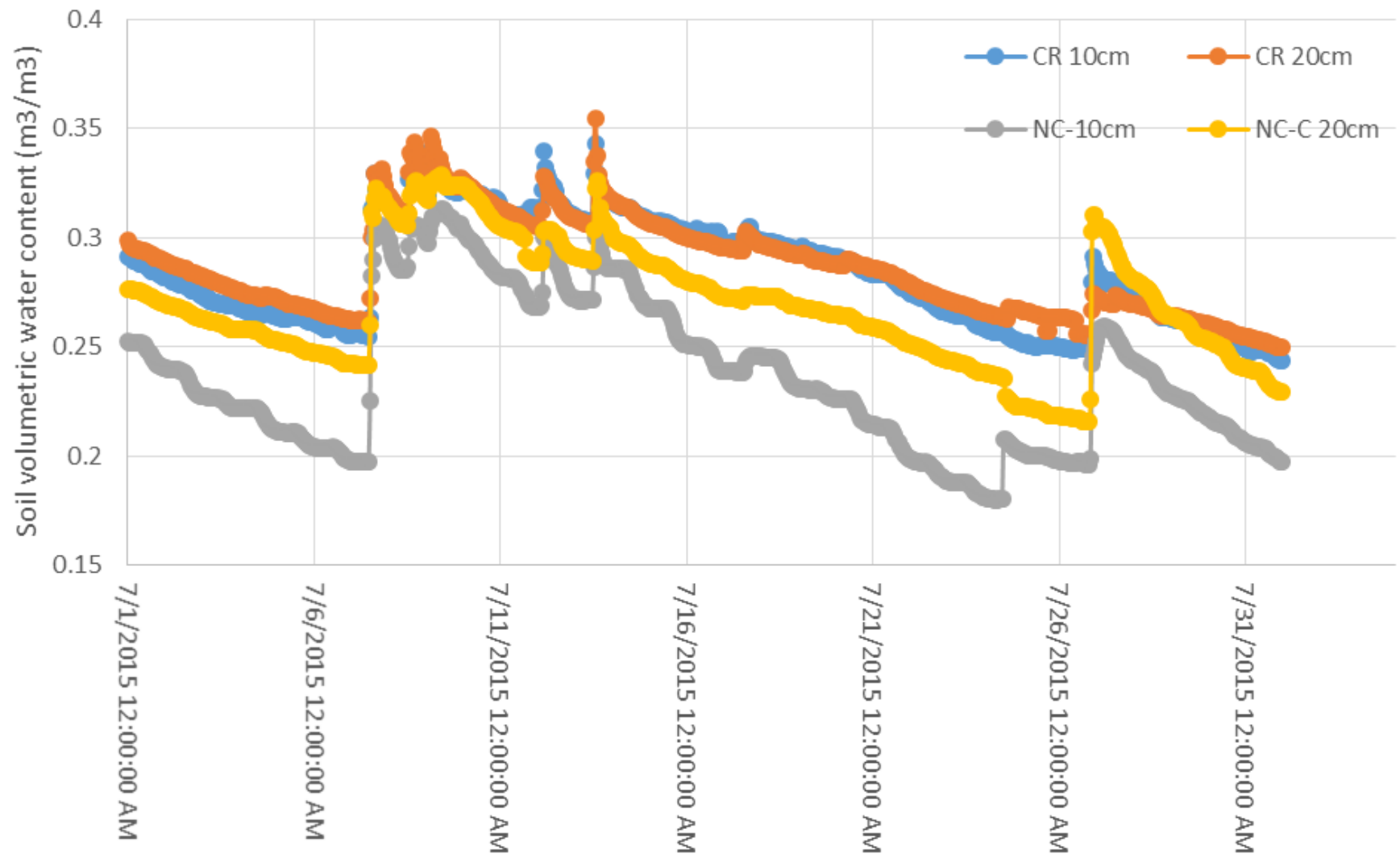
Cover Crop vs N Rate Study - Bean Average Yields							
Year	Cover		Rep1	Rep2	Avg	Rank	Field Average
2012	Annual Rye		-	63.4	63.4	1	60.20
	Cereal Rye		-	59.8	59.8	2	
	Oats/Radish		-	59.5	59.5	3	
	No Cover		-	58.1	58.1	4	
2014	Oats/Radish		76.3	72.7	74.5	1	73.43
	Cereal Rye		72.8	75.4	74.1	2	
	Annual Rye		72.3	74.8	73.55	3	
	No Cover		73.5	69.6	71.55	4	
2016	Oats/Radish		68.4	67.8	68.1	1	63.93
	Cereal Rye		66	62.9	64.5	2	
	Annual Rye		64.7	61.3	63.0	3	
	No Cover		64.3	56	60.2	4	
*Rep #1 in 2012 was harvested by 2 different combines and data was too inaccurate to summarize.							

**Cover Crop Yield + Up To 7.9 bu/ac  
Over No Cover in Long term test**

2012 Annual Rye = +5.3 bu/ac  
 2014 Oats/Radish = +2.95 bu/ac  
 2016 Oats/Radish = +7.9 bu/ac  
 Three Year Avg = +5.4 bu/ac

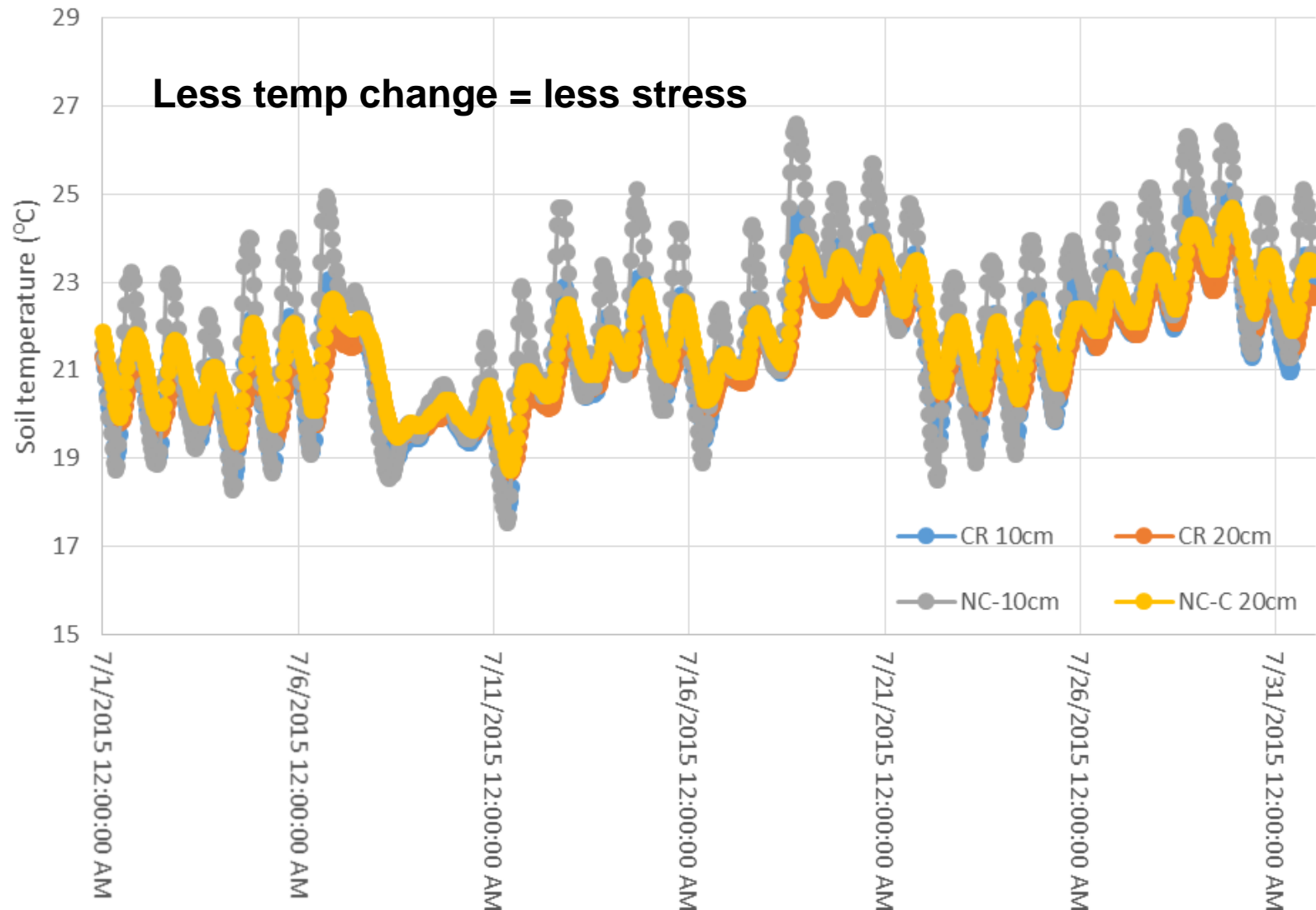


## Rulon July Soil Moisture

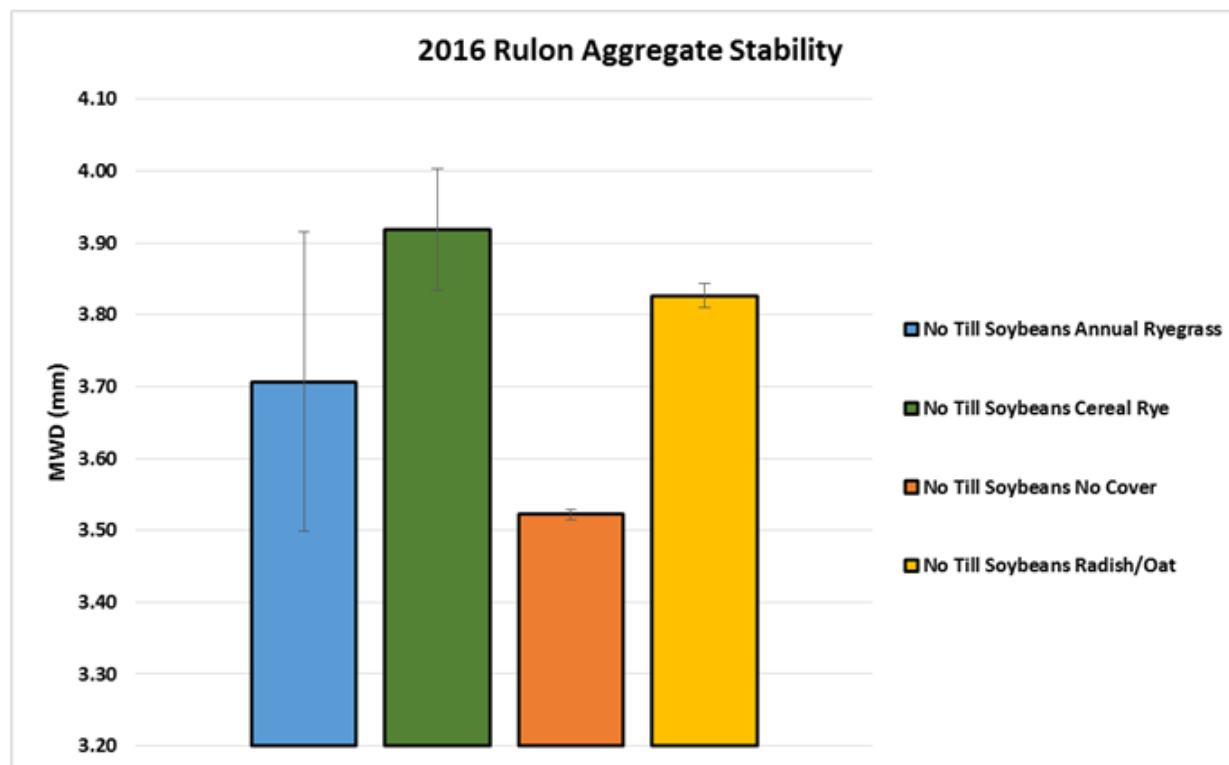




## Rulon July Soil Temperature







Date	Management	Cash Crop	Cover Crop	Plot#	MWD	Treatment MWD	Standard Deviation	Standard Error
2016	No Till	Soybeans	Annual Ryegrass	RR3	3.50	3.71	0.29	0.21
				RR7	3.91			
2016	No Till	Soybeans	Cereal Rye	RR2	3.83	3.92	0.12	0.08
				RR6	4.00			
2016	No Till	Soybeans	No Cover	RR4	3.52	3.52	0.01	0.01
				RR8	3.53			
2016	No Till	Soybeans	Radish/Oat	RR1	3.81	3.83	0.02	0.02
				RR5	3.84			



# WHAT ARE THE ECONOMIC BENEFITS OF COVER CROPS?

Rainfall in Inches					
APR	MAY	JUN	JUL	AUG	TOTAL
4.09	3.72	4.04	2.74	5.34	19.93

Central Indiana PFR

## BECK'S Soybean After Cover Crop Study - 2014

**PLANTED:** April 24, 2014  
**HARVESTED:** September 30, 2014  
**POPULATION:** 130,000 seeds/A.  
**ROWS:** Four 30" Rows  
**REPLICATIONS:** Three (averaged)

**PREVIOUS CROP:** Various Cover Crops/Corn  
**TILLAGE:** No-Till  
**HERBICIDE:** Burndown: 1 qt. Roundup PowerMAX®  
 Pre: 4 oz. Authority® XL, 1 qt. Roundup PowerMAX  
 Post: 1 qt. Roundup PowerMAX  
**INSECTICIDE:** Escalate™

### PURPOSE:

Many farmers have been experimenting with cover crops to determine their ability to scavenge nitrogen, improve soil tilth and reduce compaction. The goal of this study is to evaluate how the use of cover crops before a soybean rotation affects yield and returns of that crop. Two cover crops (Beck's Cereal Rye and Beck's Bean Builder Mix) were planted in the fall preceding the soybean crop. The Beck's Bean Builder Mix was burned down before planting, and Beck's Cereal Rye was burned down after planting. Both cover crops were seeded on September 24, 2013.

Brand & Treatment	Percent Moisture	Bushels <sup>†</sup> Per Acre	Bu./A. Difference	Net <sup>*</sup> Return	Return on <sup>‡</sup> Investment
<b>BECK 278R4™</b>					
Control	11.3	57.5	---	\$644.00	---
40 lb. Beck's Cereal Rye	11.5	63.0	+5.5	\$685.20	+\$41.20
24 lb. Beck's Bean Builder Mix	11.6	54.9	-2.6	\$577.68	-\$66.32
AVERAGE	11.5	58.5	+1.5	\$635.63	-\$12.56
<b>BECK 328R2™</b>					
Control	10.9	57.9	---	\$648.48	---
40 lb. Beck's Cereal Rye	10.8	67.6	+9.7	\$736.72	+\$88.24
24 lb. Beck's Bean Builder Mix	10.8	60.7	+2.8	\$642.64	-\$5.84
AVERAGE	10.8	62.1	+6.3	\$675.95	+\$41.20
<b>BECK 358R4™</b>					
Control	11.3	63.8	---	\$714.56	---
40 lb. Beck's Cereal Rye	11.2	67.5	+3.7	\$735.60	+\$21.04
24 lb. Beck's Bean Builder Mix	10.8	57.5	-6.3	\$606.80	-\$107.76
AVERAGE	11.1	62.9	-1.3	\$685.65	-\$43.36
<b>COVER CROP SUMMARY</b>					
Control	11.2	59.7	---	\$669.14	---
40 lb. Beck's Cereal Rye	11.2	66.0	+6.3	\$733.70	+\$64.56
24 lb. Beck's Bean Builder Mix	11.1	57.7	-2.0	\$608.92	-\$60.22
AVERAGE	11.2	61.1	+2.2	\$670.59	+\$2.17

<sup>†</sup>Bu./A. corrected to 13% moisture. <sup>\*</sup>Net return is gross income (Bu./A. x \$11.20/Bu.) minus treatment cost. <sup>‡</sup>Return on investment is Bu./A. difference x \$11.20/Bu. minus treatment cost and application cost, if applicable. \$0.36/lb. Beck's Cereal Rye, \$1.30/lb. Beck's Bean Builder Mix and \$6.00/A. application cost.

### SUMMARY:

The two different cover crop treatments provided mixed results. The use of Beck's Cereal Rye resulted in yield increases across all varieties, with a 6.3 Bu./A. average advantage over the control. The Beck's Bean Builder Mix, on the other hand, was less successful. A positive yield response was only recorded in one variety and a 2 Bu./A. yield loss was realized overall. Return on investment was affected similarly. Beck's Cereal Rye provided a \$64.56/A. average return, while the use of the Beck's Bean Builder Mix resulted in a \$60.22/A. loss. It will be interesting to see how the two crops work to reduce soil compaction, improve tilth and control erosion over time. Losses may be recouped in the future if overall soil health is improved to promote yield increases in later growing seasons.



Visit [www.beckshybrids.com/pfrvideos](http://www.beckshybrids.com/pfrvideos) to view more information about Beck's new Flo-Rite Seed Farmers.

**Cereal Rye = + 6.3 Bu/Ac**

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# In Conclusion...

- There are many potential benefits to cover crops
- Match the cover crop to your goals
- It's not cheap or easy and may not show immediate returns
- No-Till is not easy, Cover crops may be able to help with some of the challenges
- Soil Quality Should Be the GOAL













